

Sand Shoal Inlet, VA - Jan 2080

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:11	3.8	2:28	3.4	8:15	0.4	8:28	0.1	7:17	4:56	
2	Tue	3:11	4.2	3:28	3.3	9:19	0.3	9:22	-0.1	7:17	4:57	
3	Wed	4:10	4.5	4:28	3.3	10:23	0.1	10:19	-0.3	7:17	4:57	
4	Thu	5:07	4.9	5:25	3.4	11:25	-0.1	11:16	-0.5	7:17	4:58	
5	Fri	6:04	5.2	6:21	3.5			12:23	-0.3	7:17	4:59	
6	Sat	6:59	5.4	7:16	3.6	12:13	-0.8	1:18	-0.5	7:17	5:00	
7	Sun	7:54	5.5	8:11	3.7	1:08	-0.9	2:10	-0.6	7:17	5:01	
8	Mon	8:47	5.5	9:05	3.8	2:01	-1.0	3:00	-0.6	7:17	5:02	
9	Tue	9:39	5.3	9:58	3.8	2:55	-1.0	3:51	-0.6	7:17	5:03	
10	Wed	10:29	4.9	10:52	3.8	3:50	-0.8	4:41	-0.5	7:16	5:04	
11	Thu	11:18	4.5	11:46	3.8	4:47	-0.5	5:31	-0.4	7:16	5:05	
12	Fri			12:08	4.0	5:46	-0.3	6:20	-0.3	7:16	5:06	
13	Sat	12:41	3.7	1:00	3.5	6:47	0.0	7:09	-0.1	7:16	5:07	
14	Sun	1:40	3.7	1:55	3.1	7:50	0.2	7:59	0.0	7:16	5:08	
15	Mon	2:41	3.7	2:53	2.8	8:55	0.4	8:49	0.1	7:15	5:09	
16	Tue	3:41	3.7	3:51	2.7	10:00	0.4	9:40	0.2	7:15	5:10	
17	Wed	4:35	3.8	4:43	2.6	11:00	0.4	10:31	0.1	7:15	5:11	
18	Thu	5:24	3.9	5:31	2.7	11:50	0.4	11:20	0.1	7:14	5:12	
19	Fri	6:09	4.1	6:15	2.8			12:32	0.3	7:14	5:13	
20	Sat	6:52	4.2	6:57	3.0	12:05	-0.1	1:09	0.3	7:13	5:14	
21	Sun	7:33	4.3	7:39	3.1	12:47	-0.1	1:44	0.2	7:13	5:15	
22	Mon	8:12	4.4	8:20	3.2	1:27	-0.2	2:19	0.1	7:12	5:16	
23	Tue	8:50	4.4	9:00	3.3	2:06	-0.2	2:54	0.1	7:12	5:17	
24	Wed	9:28	4.4	9:40	3.4	2:45	-0.2	3:29	0.1	7:11	5:18	
25	Thu	10:04	4.3	10:20	3.5	3:26	-0.1	4:06	0.1	7:10	5:19	
26	Fri	10:41	4.1	11:02	3.6	4:09	0.0	4:44	0.1	7:10	5:20	
27	Sat	11:21	3.8	11:47	3.8	4:57	0.1	5:24	0.1	7:09	5:21	
28	Sun			12:04	3.6	5:49	0.2	6:09	0.1	7:08	5:22	
29	Mon	12:37	3.9	12:55	3.3	6:47	0.3	6:58	0.1	7:08	5:24	
30	Tue	1:36	4.0	1:54	3.1	7:50	0.3	7:53	0.0	7:07	5:25	
31	Wed	2:40	4.2	2:59	3.0	8:57	0.3	8:54	-0.1	7:06	5:26	