

Sand Shoal Inlet, VA - Jan 2087

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:08	4.1	5:18	3.2	11:17	0.4	11:08	0.0	7:17	4:56	
2	Thu	5:53	4.4	6:04	3.3			12:03	0.3	7:17	4:57	
3	Fri	6:37	4.6	6:49	3.5			12:46	0.1	7:17	4:58	
4	Sat	7:21	4.8	7:34	3.6	12:39	-0.3	1:29	0.0	7:17	4:58	
5	Sun	8:04	5.0	8:19	3.8	1:23	-0.4	2:10	-0.2	7:17	4:59	
6	Mon	8:47	5.0	9:04	3.9	2:08	-0.5	2:53	-0.3	7:17	5:00	
7	Tue	9:31	4.9	9:51	4.0	2:54	-0.5	3:37	-0.3	7:17	5:01	
8	Wed	10:16	4.8	10:39	4.0	3:42	-0.4	4:22	-0.3	7:17	5:02	
9	Thu	11:02	4.5	11:30	4.1	4:35	-0.3	5:10	-0.3	7:17	5:03	
10	Fri	11:51	4.2			5:31	-0.2	6:01	-0.3	7:16	5:04	
11	Sat	12:26	4.1	12:45	3.8	6:32	-0.1	6:55	-0.3	7:16	5:05	
12	Sun	1:26	4.2	1:45	3.5	7:36	0.0	7:51	-0.3	7:16	5:06	
13	Mon	2:31	4.2	2:49	3.3	8:42	0.1	8:50	-0.4	7:16	5:07	
14	Tue	3:37	4.4	3:53	3.2	9:50	0.0	9:50	-0.4	7:15	5:08	
15	Wed	4:39	4.5	4:54	3.3	10:55	-0.1	10:50	-0.6	7:15	5:09	
16	Thu	5:37	4.7	5:50	3.4	11:54	-0.2	11:47	-0.7	7:15	5:10	
17	Fri	6:29	4.8	6:43	3.5			12:45	-0.4	7:14	5:11	
18	Sat	7:19	4.8	7:32	3.6	12:39	-0.8	1:32	-0.5	7:14	5:12	
19	Sun	8:05	4.7	8:19	3.7	1:27	-0.8	2:14	-0.5	7:14	5:13	
20	Mon	8:48	4.6	9:04	3.7	2:13	-0.7	2:55	-0.4	7:13	5:14	
21	Tue	9:30	4.4	9:47	3.7	2:57	-0.6	3:35	-0.4	7:13	5:15	
22	Wed	10:10	4.2	10:30	3.7	3:41	-0.4	4:14	-0.2	7:12	5:16	
23	Thu	10:50	3.9	11:14	3.6	4:26	-0.2	4:54	-0.1	7:11	5:17	
24	Fri	11:32	3.6	11:59	3.5	5:13	0.1	5:36	0.1	7:11	5:18	
25	Sat			12:15	3.3	6:02	0.3	6:19	0.2	7:10	5:19	
26	Sun	12:48	3.5	1:03	3.0	6:53	0.5	7:05	0.3	7:10	5:21	
27	Mon	1:43	3.5	1:57	2.9	7:48	0.6	7:55	0.3	7:09	5:22	
28	Tue	2:41	3.5	2:54	2.8	8:45	0.7	8:47	0.3	7:08	5:23	
29	Wed	3:38	3.7	3:50	2.9	9:43	0.6	9:41	0.2	7:07	5:24	
30	Thu	4:32	4.0	4:44	3.1	10:38	0.5	10:34	0.0	7:07	5:25	
31	Fri	5:22	4.2	5:34	3.3	11:29	0.3	11:26	-0.2	7:06	5:26	