

Sand Shoal Inlet, VA - Jul 2089

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:16	3.8	2:56	4.0	8:22	0.5	8:56	0.8	5:46	8:27	
2	Sat	3:10	3.7	3:52	4.3	9:11	0.4	9:54	0.7	5:47	8:27	
3	Sun	4:07	3.7	4:48	4.6	10:03	0.3	10:54	0.5	5:47	8:27	
4	Mon	5:04	3.8	5:42	5.0	10:58	0.1	11:53	0.3	5:48	8:27	
5	Tue	6:00	3.9	6:36	5.3	11:53	-0.2			5:49	8:27	
6	Wed	6:55	4.1	7:29	5.6	12:49	0.0	12:48	-0.4	5:49	8:26	
7	Thu	7:49	4.2	8:21	5.8	1:43	-0.2	1:42	-0.6	5:50	8:26	
8	Fri	8:43	4.4	9:14	5.8	2:34	-0.4	2:36	-0.7	5:50	8:26	
9	Sat	9:37	4.5	10:06	5.7	3:25	-0.6	3:29	-0.7	5:51	8:25	
10	Sun	10:31	4.6	10:57	5.5	4:16	-0.6	4:24	-0.6	5:52	8:25	
11	Mon	11:25	4.6	11:49	5.1	5:07	-0.6	5:20	-0.4	5:52	8:25	
12	Tue			12:20	4.5	5:59	-0.5	6:19	-0.2	5:53	8:24	
13	Wed	12:41	4.7	1:16	4.4	6:52	-0.3	7:21	0.0	5:54	8:24	
14	Thu	1:35	4.2	2:16	4.3	7:46	-0.2	8:24	0.2	5:54	8:23	
15	Fri	2:33	3.8	3:19	4.3	8:40	0.0	9:28	0.4	5:55	8:23	
16	Sat	3:33	3.5	4:21	4.3	9:34	0.1	10:34	0.5	5:56	8:22	
17	Sun	4:34	3.3	5:18	4.3	10:28	0.2	11:36	0.5	5:56	8:22	
18	Mon	5:29	3.3	6:09	4.4	11:21	0.2			5:57	8:21	
19	Tue	6:19	3.3	6:54	4.5	12:30	0.4	12:11	0.2	5:58	8:20	
20	Wed	7:04	3.4	7:35	4.6	1:14	0.4	12:56	0.1	5:59	8:20	
21	Thu	7:47	3.6	8:16	4.7	1:53	0.3	1:39	0.1	5:59	8:19	
22	Fri	8:29	3.7	8:56	4.8	2:29	0.3	2:19	0.1	6:00	8:18	
23	Sat	9:11	3.8	9:35	4.8	3:04	0.2	2:59	0.1	6:01	8:18	
24	Sun	9:52	3.9	10:14	4.7	3:40	0.2	3:38	0.2	6:02	8:17	
25	Mon	10:33	4.0	10:52	4.6	4:16	0.3	4:19	0.3	6:03	8:16	
26	Tue	11:13	4.0	11:30	4.4	4:53	0.3	5:01	0.4	6:03	8:15	
27	Wed	11:54	4.1			5:31	0.4	5:46	0.6	6:04	8:14	
28	Thu	12:10	4.2	12:38	4.1	6:12	0.4	6:35	0.7	6:05	8:14	
29	Fri	12:52	4.0	1:25	4.2	6:56	0.5	7:28	0.8	6:06	8:13	
30	Sat	1:39	3.9	2:18	4.3	7:44	0.5	8:25	0.8	6:07	8:12	
31	Sun	2:34	3.7	3:17	4.5	8:36	0.4	9:25	0.7	6:07	8:11	