

Sand Shoal Inlet, VA - Aug 2089

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:34	3.7	4:18	4.8	9:32	0.3	10:27	0.6	6:08	8:10	
2	Tue	4:36	3.8	5:17	5.1	10:31	0.1	11:29	0.3	6:09	8:09	
3	Wed	5:36	4.0	6:14	5.4	11:31	-0.1			6:10	8:08	
4	Thu	6:33	4.2	7:09	5.6	12:27	0.1	12:29	-0.4	6:11	8:07	
5	Fri	7:29	4.5	8:03	5.8	1:22	-0.2	1:26	-0.6	6:12	8:06	
6	Sat	8:24	4.7	8:55	5.8	2:13	-0.4	2:20	-0.7	6:12	8:05	
7	Sun	9:18	4.9	9:46	5.6	3:03	-0.6	3:14	-0.8	6:13	8:04	
8	Mon	10:10	5.0	10:36	5.4	3:52	-0.6	4:08	-0.7	6:14	8:02	
9	Tue	11:03	5.0	11:26	5.0	4:41	-0.6	5:02	-0.4	6:15	8:01	
10	Wed	11:55	4.9			5:30	-0.4	5:59	-0.2	6:16	8:00	
11	Thu	12:16	4.5	12:49	4.7	6:21	-0.2	6:58	0.1	6:17	7:59	
12	Fri	1:07	4.1	1:45	4.5	7:14	0.0	7:59	0.4	6:17	7:58	
13	Sat	2:02	3.7	2:45	4.3	8:07	0.2	9:02	0.6	6:18	7:57	
14	Sun	3:02	3.4	3:49	4.2	9:03	0.4	10:06	0.7	6:19	7:55	
15	Mon	4:04	3.3	4:50	4.2	9:59	0.5	11:08	0.7	6:20	7:54	
16	Tue	5:03	3.3	5:43	4.3	10:54	0.5			6:21	7:53	
17	Wed	5:54	3.4	6:29	4.4	12:02	0.7	11:46 AM	0.4	6:22	7:52	
18	Thu	6:39	3.6	7:10	4.6	12:46	0.6	12:33	0.4	6:22	7:50	
19	Fri	7:22	3.8	7:50	4.7	1:23	0.5	1:16	0.3	6:23	7:49	
20	Sat	8:03	4.0	8:28	4.8	1:58	0.4	1:56	0.2	6:24	7:48	
21	Sun	8:43	4.2	9:07	4.8	2:32	0.4	2:35	0.2	6:25	7:46	
22	Mon	9:23	4.3	9:45	4.8	3:06	0.3	3:15	0.2	6:26	7:45	
23	Tue	10:03	4.4	10:22	4.7	3:41	0.3	3:54	0.3	6:27	7:44	
24	Wed	10:43	4.5	11:00	4.5	4:18	0.3	4:36	0.4	6:27	7:42	
25	Thu	11:23	4.6	11:40	4.3	4:56	0.4	5:20	0.5	6:28	7:41	
26	Fri			12:06	4.6	5:36	0.5	6:09	0.6	6:29	7:39	
27	Sat	12:22	4.1	12:53	4.6	6:21	0.5	7:03	0.7	6:30	7:38	
28	Sun	1:10	3.9	1:47	4.6	7:12	0.5	8:01	0.8	6:31	7:37	
29	Mon	2:06	3.8	2:48	4.7	8:08	0.5	9:02	0.7	6:32	7:35	
30	Tue	3:09	3.8	3:52	4.9	9:08	0.4	10:05	0.6	6:32	7:34	
31	Wed	4:15	3.9	4:55	5.1	10:11	0.2	11:07	0.4	6:33	7:32	