

## Sand Shoal Inlet, VA - Oct 2089

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sat | 6:02  | 4.7 | 6:31  | 5.2 |       |      | 12:02 | -0.1 | 6:59                                                                                | 6:45 |    |
| 2    | Sun | 6:56  | 5.0 | 7:22  | 5.2 | 12:36 | -0.1 | 12:59 | -0.3 | 7:00                                                                                | 6:44 |    |
| 3    | Mon | 7:47  | 5.3 | 8:12  | 5.1 | 1:26  | -0.3 | 1:53  | -0.4 | 7:01                                                                                | 6:42 |    |
| 4    | Tue | 8:37  | 5.5 | 9:00  | 5.0 | 2:12  | -0.4 | 2:44  | -0.5 | 7:02                                                                                | 6:41 |    |
| 5    | Wed | 9:25  | 5.5 | 9:47  | 4.7 | 2:57  | -0.4 | 3:33  | -0.4 | 7:02                                                                                | 6:39 |    |
| 6    | Thu | 10:13 | 5.4 | 10:34 | 4.4 | 3:42  | -0.3 | 4:22  | -0.2 | 7:03                                                                                | 6:38 |    |
| 7    | Fri | 11:00 | 5.2 | 11:20 | 4.1 | 4:27  | -0.1 | 5:12  | 0.1  | 7:04                                                                                | 6:36 |    |
| 8    | Sat | 11:47 | 5.0 |       |     | 5:14  | 0.1  | 6:03  | 0.4  | 7:05                                                                                | 6:35 |    |
| 9    | Sun | 12:08 | 3.8 | 12:37 | 4.7 | 6:03  | 0.4  | 6:57  | 0.6  | 7:06                                                                                | 6:33 |    |
| 10   | Mon | 12:58 | 3.6 | 1:29  | 4.4 | 6:55  | 0.6  | 7:52  | 0.8  | 7:07                                                                                | 6:32 |    |
| 11   | Tue | 1:52  | 3.4 | 2:26  | 4.2 | 7:50  | 0.8  | 8:48  | 0.9  | 7:08                                                                                | 6:30 |    |
| 12   | Wed | 2:52  | 3.4 | 3:26  | 4.1 | 8:47  | 0.9  | 9:42  | 1.0  | 7:09                                                                                | 6:29 |   |
| 13   | Thu | 3:53  | 3.5 | 4:23  | 4.1 | 9:44  | 0.9  | 10:32 | 0.9  | 7:10                                                                                | 6:28 |  |
| 14   | Fri | 4:49  | 3.7 | 5:14  | 4.2 | 10:40 | 0.8  | 11:18 | 0.8  | 7:11                                                                                | 6:26 |  |
| 15   | Sat | 5:38  | 4.0 | 6:00  | 4.3 | 11:31 | 0.7  | 11:59 | 0.7  | 7:11                                                                                | 6:25 |  |
| 16   | Sun | 6:22  | 4.3 | 6:42  | 4.4 |       |      | 12:19 | 0.6  | 7:12                                                                                | 6:24 |  |
| 17   | Mon | 7:03  | 4.6 | 7:22  | 4.5 | 12:39 | 0.5  | 1:03  | 0.4  | 7:13                                                                                | 6:22 |  |
| 18   | Tue | 7:44  | 4.9 | 8:03  | 4.6 | 1:17  | 0.3  | 1:45  | 0.3  | 7:14                                                                                | 6:21 |  |
| 19   | Wed | 8:25  | 5.1 | 8:44  | 4.6 | 1:56  | 0.2  | 2:27  | 0.2  | 7:15                                                                                | 6:20 |  |
| 20   | Thu | 9:06  | 5.3 | 9:26  | 4.5 | 2:35  | 0.1  | 3:10  | 0.2  | 7:16                                                                                | 6:18 |  |
| 21   | Fri | 9:49  | 5.4 | 10:08 | 4.4 | 3:15  | 0.1  | 3:54  | 0.2  | 7:17                                                                                | 6:17 |  |
| 22   | Sat | 10:33 | 5.4 | 10:53 | 4.3 | 3:57  | 0.1  | 4:41  | 0.2  | 7:18                                                                                | 6:16 |  |
| 23   | Sun | 11:20 | 5.3 | 11:41 | 4.1 | 4:42  | 0.2  | 5:32  | 0.3  | 7:19                                                                                | 6:14 |  |
| 24   | Mon |       |     | 12:11 | 5.2 | 5:33  | 0.3  | 6:27  | 0.4  | 7:20                                                                                | 6:13 |  |
| 25   | Tue | 12:34 | 4.0 | 1:06  | 5.0 | 6:30  | 0.4  | 7:26  | 0.5  | 7:21                                                                                | 6:12 |  |
| 26   | Wed | 1:33  | 3.9 | 2:06  | 4.9 | 7:32  | 0.4  | 8:26  | 0.4  | 7:22                                                                                | 6:11 |  |
| 27   | Thu | 2:38  | 3.9 | 3:11  | 4.7 | 8:37  | 0.4  | 9:26  | 0.3  | 7:23                                                                                | 6:10 |  |
| 28   | Fri | 3:46  | 4.1 | 4:15  | 4.7 | 9:43  | 0.3  | 10:25 | 0.2  | 7:24                                                                                | 6:09 |  |
| 29   | Sat | 4:50  | 4.4 | 5:15  | 4.6 | 10:48 | 0.2  | 11:20 | 0.0  | 7:25                                                                                | 6:07 |  |
| 30   | Sun | 5:48  | 4.7 | 6:10  | 4.6 | 11:50 | 0.0  |       |      | 7:26                                                                                | 6:06 |  |
| 31   | Mon | 6:41  | 5.0 | 7:01  | 4.6 | 12:12 | -0.2 | 12:48 | -0.2 | 7:27                                                                                | 6:05 |  |