

Sand Shoal Inlet, VA - Jan 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:07	4.6	8:20	3.4	1:30	-0.4	2:19	-0.2	7:17	4:56	
2	Mon	8:48	4.5	9:02	3.4	2:10	-0.4	2:57	-0.1	7:17	4:57	
3	Tue	9:28	4.4	9:44	3.4	2:50	-0.3	3:35	0.0	7:17	4:58	
4	Wed	10:08	4.3	10:26	3.4	3:31	-0.1	4:14	0.1	7:17	4:59	
5	Thu	10:48	4.1	11:09	3.4	4:13	0.1	4:54	0.2	7:17	5:00	
6	Fri	11:29	3.9	11:54	3.4	4:59	0.2	5:36	0.3	7:17	5:00	
7	Sat			12:12	3.7	5:47	0.4	6:20	0.3	7:17	5:01	
8	Sun	12:42	3.4	12:59	3.5	6:39	0.5	7:05	0.3	7:17	5:02	
9	Mon	1:36	3.5	1:52	3.3	7:34	0.6	7:54	0.3	7:17	5:03	
10	Tue	2:32	3.7	2:48	3.3	8:32	0.5	8:45	0.2	7:16	5:04	
11	Wed	3:29	4.0	3:44	3.3	9:31	0.4	9:39	0.0	7:16	5:05	
12	Thu	4:24	4.3	4:40	3.5	10:30	0.2	10:34	-0.3	7:16	5:06	
13	Fri	5:17	4.7	5:33	3.7	11:26	0.0	11:28	-0.5	7:16	5:07	
14	Sat	6:09	5.0	6:26	3.9			12:20	-0.3	7:15	5:08	
15	Sun	7:00	5.3	7:18	4.0	12:20	-0.8	1:11	-0.6	7:15	5:09	
16	Mon	7:51	5.5	8:10	4.2	1:12	-1.0	2:00	-0.7	7:15	5:10	
17	Tue	8:42	5.5	9:03	4.3	2:04	-1.1	2:50	-0.8	7:14	5:11	
18	Wed	9:32	5.3	9:55	4.3	2:56	-1.1	3:40	-0.9	7:14	5:12	
19	Thu	10:23	5.0	10:48	4.3	3:51	-0.9	4:31	-0.8	7:13	5:13	
20	Fri	11:13	4.6	11:43	4.2	4:47	-0.7	5:23	-0.7	7:13	5:14	
21	Sat			12:06	4.1	5:47	-0.5	6:17	-0.5	7:12	5:15	
22	Sun	12:42	4.0	1:02	3.7	6:49	-0.2	7:12	-0.4	7:12	5:17	
23	Mon	1:44	3.9	2:03	3.3	7:53	0.0	8:08	-0.3	7:11	5:18	
24	Tue	2:50	3.9	3:06	3.1	9:00	0.1	9:06	-0.2	7:11	5:19	
25	Wed	3:55	3.9	4:07	3.0	10:07	0.2	10:03	-0.2	7:10	5:20	
26	Thu	4:52	4.0	5:02	3.0	11:08	0.1	10:57	-0.2	7:09	5:21	
27	Fri	5:42	4.1	5:50	3.1	11:59	0.1	11:45	-0.3	7:09	5:22	
28	Sat	6:25	4.2	6:33	3.2			12:41	0.0	7:08	5:23	
29	Sun	7:06	4.3	7:15	3.3	12:29	-0.3	1:18	-0.1	7:07	5:24	
30	Mon	7:46	4.3	7:56	3.5	1:10	-0.4	1:53	-0.1	7:06	5:25	
31	Tue	8:24	4.3	8:37	3.6	1:49	-0.4	2:28	-0.1	7:06	5:26	