

Sand Shoal Inlet, VA - Mar 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:57	4.3	8:10	3.9	1:27	-0.3	1:55	0.0	6:32	5:57	
2	Thu	8:35	4.3	8:49	4.0	2:05	-0.3	2:29	0.0	6:31	5:58	
3	Fri	9:12	4.2	9:28	4.1	2:43	-0.2	3:04	0.0	6:30	5:59	
4	Sat	9:49	4.1	10:06	4.1	3:22	-0.1	3:41	0.1	6:28	6:00	
5	Sun	10:27	3.9	10:47	4.1	4:04	0.0	4:19	0.1	6:27	6:01	
6	Mon	11:06	3.7	11:30	4.1	4:48	0.2	5:01	0.2	6:25	6:02	
7	Tue	11:50	3.5			5:37	0.3	5:48	0.3	6:24	6:03	
8	Wed	12:19	4.1	12:40	3.4	6:31	0.4	6:41	0.3	6:23	6:04	
9	Thu	1:16	4.1	1:39	3.3	7:30	0.4	7:39	0.2	6:21	6:05	
10	Fri	2:20	4.2	2:44	3.4	8:32	0.4	8:41	0.1	6:20	6:06	
11	Sat	3:24	4.4	3:48	3.6	9:35	0.2	9:45	-0.2	6:18	6:07	
12	Sun	5:26	4.6	5:48	3.9	11:35	0.0	11:47	-0.4	7:17	7:07	
13	Mon	6:24	4.9	6:45	4.3			12:32	-0.3	7:15	7:08	
14	Tue	7:18	5.1	7:39	4.6	12:46	-0.7	1:24	-0.6	7:14	7:09	
15	Wed	8:11	5.1	8:32	4.9	1:42	-1.0	2:13	-0.8	7:12	7:10	
16	Thu	9:01	5.1	9:23	5.1	2:35	-1.1	3:01	-0.9	7:11	7:11	
17	Fri	9:51	4.9	10:14	5.1	3:27	-1.1	3:48	-0.9	7:09	7:12	
18	Sat	10:40	4.6	11:04	5.0	4:19	-0.9	4:36	-0.8	7:08	7:13	
19	Sun	11:28	4.2	11:54	4.8	5:12	-0.7	5:25	-0.5	7:06	7:14	
20	Mon			12:17	3.8	6:06	-0.4	6:16	-0.3	7:05	7:15	
21	Tue	12:46	4.5	1:09	3.5	7:03	-0.1	7:10	0.0	7:03	7:16	
22	Wed	1:41	4.1	2:05	3.2	8:02	0.2	8:07	0.2	7:02	7:17	
23	Thu	2:42	3.9	3:07	3.0	9:03	0.4	9:06	0.3	7:00	7:18	
24	Fri	3:47	3.7	4:11	3.0	10:04	0.5	10:06	0.4	6:59	7:18	
25	Sat	4:49	3.7	5:09	3.2	11:02	0.5	11:04	0.4	6:57	7:19	
26	Sun	5:43	3.8	5:58	3.4	11:51	0.5	11:56	0.3	6:56	7:20	
27	Mon	6:28	3.9	6:41	3.6			12:33	0.4	6:54	7:21	
28	Tue	7:09	4.0	7:22	3.9	12:42	0.1	1:09	0.3	6:53	7:22	
29	Wed	7:48	4.1	8:02	4.2	1:23	0.0	1:45	0.2	6:51	7:23	
30	Thu	8:27	4.2	8:41	4.4	2:03	-0.1	2:20	0.1	6:50	7:24	
31	Fri	9:05	4.2	9:20	4.5	2:42	-0.1	2:55	0.1	6:48	7:25	