

Sand Shoal Inlet, VA - Jul 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:41	4.3			5:25	-0.3	5:34	-0.2	5:46	8:27	
2	Sun	12:04	5.1	12:35	4.3	6:17	-0.3	6:33	-0.1	5:47	8:27	
3	Mon	12:57	4.8	1:33	4.3	7:11	-0.2	7:35	0.1	5:47	8:27	
4	Tue	1:53	4.4	2:34	4.4	8:05	-0.2	8:39	0.2	5:48	8:27	
5	Wed	2:53	4.0	3:38	4.4	9:00	-0.1	9:45	0.2	5:48	8:27	
6	Thu	3:55	3.8	4:40	4.6	9:56	-0.1	10:50	0.2	5:49	8:26	
7	Fri	4:56	3.6	5:38	4.7	10:52	-0.1	11:53	0.2	5:50	8:26	
8	Sat	5:53	3.6	6:31	4.8	11:47	-0.1			5:50	8:26	
9	Sun	6:46	3.6	7:20	4.9	12:50	0.1	12:39	-0.2	5:51	8:26	
10	Mon	7:34	3.6	8:05	4.9	1:39	0.0	1:27	-0.2	5:51	8:25	
11	Tue	8:21	3.7	8:49	4.9	2:23	0.0	2:12	-0.2	5:52	8:25	
12	Wed	9:05	3.7	9:31	4.9	3:04	0.0	2:55	-0.1	5:53	8:24	
13	Thu	9:49	3.8	10:12	4.7	3:43	0.0	3:37	0.0	5:53	8:24	
14	Fri	10:31	3.8	10:53	4.6	4:21	0.1	4:19	0.1	5:54	8:23	
15	Sat	11:14	3.8	11:33	4.4	5:00	0.2	5:02	0.3	5:55	8:23	
16	Sun	11:56	3.8			5:39	0.3	5:47	0.5	5:55	8:22	
17	Mon	12:14	4.2	12:41	3.8	6:20	0.4	6:35	0.7	5:56	8:22	
18	Tue	12:56	3.9	1:28	3.8	7:02	0.5	7:25	0.8	5:57	8:21	
19	Wed	1:42	3.7	2:18	3.9	7:46	0.6	8:18	0.9	5:58	8:21	
20	Thu	2:32	3.6	3:12	4.0	8:33	0.6	9:14	0.9	5:58	8:20	
21	Fri	3:26	3.5	4:07	4.2	9:22	0.5	10:10	0.8	5:59	8:19	
22	Sat	4:22	3.5	5:02	4.5	10:14	0.4	11:08	0.7	6:00	8:19	
23	Sun	5:17	3.7	5:54	4.9	11:08	0.3			6:01	8:18	
24	Mon	6:11	3.8	6:45	5.2	12:03	0.5	12:02	0.0	6:02	8:17	
25	Tue	7:03	4.1	7:35	5.5	12:56	0.2	12:55	-0.2	6:02	8:16	
26	Wed	7:54	4.3	8:25	5.7	1:46	-0.1	1:47	-0.4	6:03	8:15	
27	Thu	8:46	4.5	9:15	5.7	2:35	-0.3	2:38	-0.5	6:04	8:15	
28	Fri	9:37	4.7	10:05	5.7	3:23	-0.4	3:30	-0.6	6:05	8:14	
29	Sat	10:29	4.8	10:55	5.4	4:12	-0.5	4:24	-0.5	6:06	8:13	
30	Sun	11:22	4.8	11:45	5.1	5:01	-0.5	5:19	-0.4	6:06	8:12	
31	Mon			12:15	4.8	5:52	-0.4	6:18	-0.2	6:07	8:11	