

Sand Shoal Inlet, VA - Aug 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:37	4.7	1:12	4.7	6:45	-0.3	7:19	0.1	6:08	8:10	
2	Wed	1:32	4.2	2:12	4.6	7:40	-0.1	8:23	0.3	6:09	8:09	
3	Thu	2:31	3.9	3:16	4.5	8:36	0.0	9:29	0.4	6:10	8:08	
4	Fri	3:34	3.6	4:22	4.5	9:34	0.1	10:36	0.4	6:11	8:07	
5	Sat	4:38	3.4	5:22	4.6	10:32	0.1	11:40	0.4	6:11	8:06	
6	Sun	5:37	3.4	6:16	4.6	11:29	0.1			6:12	8:05	
7	Mon	6:29	3.5	7:03	4.7	12:35	0.4	12:22	0.1	6:13	8:04	
8	Tue	7:16	3.6	7:46	4.8	1:22	0.3	1:10	0.0	6:14	8:03	
9	Wed	7:59	3.8	8:26	4.8	2:01	0.2	1:53	0.0	6:15	8:02	
10	Thu	8:41	3.9	9:06	4.8	2:38	0.2	2:34	0.0	6:16	8:00	
11	Fri	9:22	4.0	9:45	4.7	3:12	0.2	3:13	0.1	6:16	7:59	
12	Sat	10:02	4.1	10:23	4.6	3:47	0.2	3:53	0.2	6:17	7:58	
13	Sun	10:42	4.2	11:02	4.4	4:23	0.3	4:33	0.3	6:18	7:57	
14	Mon	11:23	4.2	11:40	4.2	5:00	0.4	5:16	0.5	6:19	7:56	
15	Tue			12:04	4.2	5:38	0.5	6:01	0.7	6:20	7:54	
16	Wed	12:20	4.0	12:48	4.2	6:19	0.6	6:49	0.8	6:21	7:53	
17	Thu	1:03	3.8	1:36	4.2	7:03	0.7	7:42	0.9	6:21	7:52	
18	Fri	1:52	3.7	2:30	4.3	7:52	0.7	8:38	1.0	6:22	7:51	
19	Sat	2:47	3.6	3:28	4.4	8:44	0.7	9:37	0.9	6:23	7:49	
20	Sun	3:47	3.6	4:28	4.7	9:41	0.5	10:36	0.7	6:24	7:48	
21	Mon	4:47	3.8	5:25	5.0	10:39	0.4	11:34	0.5	6:25	7:47	
22	Tue	5:44	4.0	6:19	5.3	11:37	0.1			6:26	7:45	
23	Wed	6:39	4.4	7:11	5.6	12:29	0.2	12:34	-0.2	6:26	7:44	
24	Thu	7:32	4.7	8:03	5.7	1:21	-0.1	1:29	-0.4	6:27	7:42	
25	Fri	8:24	5.0	8:53	5.8	2:10	-0.3	2:22	-0.6	6:28	7:41	
26	Sat	9:16	5.2	9:43	5.6	2:58	-0.5	3:15	-0.7	6:29	7:40	
27	Sun	10:08	5.3	10:33	5.4	3:46	-0.6	4:08	-0.6	6:30	7:38	
28	Mon	11:00	5.3	11:24	5.0	4:34	-0.5	5:03	-0.4	6:31	7:37	
29	Tue	11:53	5.2			5:25	-0.4	6:01	-0.1	6:31	7:35	
30	Wed	12:15	4.6	12:48	5.0	6:17	-0.2	7:01	0.1	6:32	7:34	
31	Thu	1:09	4.1	1:47	4.8	7:13	0.0	8:05	0.4	6:33	7:33	