

## Sand Shoal Inlet, VA - Oct 2090

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sun | 2:47  | 3.5 | 3:26  | 4.3 | 8:44  | 0.6  | 9:48  | 0.7  | 6:59                                                                                | 6:45 |    |
| 2    | Mon | 3:55  | 3.5 | 4:30  | 4.3 | 9:46  | 0.7  | 10:47 | 0.7  | 7:00                                                                                | 6:44 |    |
| 3    | Tue | 4:56  | 3.6 | 5:25  | 4.3 | 10:46 | 0.7  | 11:37 | 0.7  | 7:00                                                                                | 6:42 |    |
| 4    | Wed | 5:46  | 3.8 | 6:10  | 4.3 | 11:39 | 0.6  |       |      | 7:01                                                                                | 6:41 |    |
| 5    | Thu | 6:29  | 4.0 | 6:50  | 4.4 | 12:19 | 0.6  | 12:26 | 0.5  | 7:02                                                                                | 6:39 |    |
| 6    | Fri | 7:08  | 4.3 | 7:29  | 4.5 | 12:54 | 0.5  | 1:08  | 0.4  | 7:03                                                                                | 6:38 |    |
| 7    | Sat | 7:47  | 4.5 | 8:07  | 4.5 | 1:29  | 0.4  | 1:48  | 0.3  | 7:04                                                                                | 6:37 |    |
| 8    | Sun | 8:25  | 4.7 | 8:45  | 4.5 | 2:03  | 0.4  | 2:26  | 0.3  | 7:05                                                                                | 6:35 |    |
| 9    | Mon | 9:04  | 4.9 | 9:23  | 4.4 | 2:37  | 0.3  | 3:04  | 0.3  | 7:06                                                                                | 6:34 |    |
| 10   | Tue | 9:43  | 4.9 | 10:02 | 4.3 | 3:12  | 0.3  | 3:43  | 0.4  | 7:07                                                                                | 6:32 |    |
| 11   | Wed | 10:22 | 5.0 | 10:41 | 4.2 | 3:49  | 0.4  | 4:24  | 0.5  | 7:08                                                                                | 6:31 |    |
| 12   | Thu | 11:03 | 4.9 | 11:21 | 4.0 | 4:27  | 0.5  | 5:08  | 0.6  | 7:08                                                                                | 6:29 |   |
| 13   | Fri | 11:46 | 4.9 |       |     | 5:09  | 0.6  | 5:56  | 0.7  | 7:09                                                                                | 6:28 |  |
| 14   | Sat | 12:05 | 3.9 | 12:33 | 4.8 | 5:56  | 0.7  | 6:48  | 0.8  | 7:10                                                                                | 6:27 |  |
| 15   | Sun | 12:54 | 3.8 | 1:26  | 4.7 | 6:49  | 0.7  | 7:45  | 0.8  | 7:11                                                                                | 6:25 |  |
| 16   | Mon | 1:52  | 3.7 | 2:25  | 4.7 | 7:48  | 0.7  | 8:43  | 0.7  | 7:12                                                                                | 6:24 |  |
| 17   | Tue | 2:55  | 3.8 | 3:29  | 4.8 | 8:51  | 0.6  | 9:42  | 0.6  | 7:13                                                                                | 6:23 |  |
| 18   | Wed | 4:00  | 4.1 | 4:31  | 4.9 | 9:55  | 0.4  | 10:40 | 0.3  | 7:14                                                                                | 6:21 |  |
| 19   | Thu | 5:02  | 4.4 | 5:30  | 5.0 | 10:59 | 0.2  | 11:35 | 0.0  | 7:15                                                                                | 6:20 |  |
| 20   | Fri | 5:59  | 4.9 | 6:24  | 5.1 |       |      | 12:00 | -0.1 | 7:16                                                                                | 6:19 |  |
| 21   | Sat | 6:52  | 5.3 | 7:17  | 5.1 | 12:28 | -0.2 | 12:57 | -0.3 | 7:17                                                                                | 6:17 |  |
| 22   | Sun | 7:44  | 5.6 | 8:08  | 5.1 | 1:18  | -0.5 | 1:52  | -0.5 | 7:18                                                                                | 6:16 |  |
| 23   | Mon | 8:35  | 5.8 | 8:58  | 4.9 | 2:06  | -0.6 | 2:44  | -0.6 | 7:19                                                                                | 6:15 |  |
| 24   | Tue | 9:26  | 5.8 | 9:48  | 4.7 | 2:53  | -0.6 | 3:36  | -0.5 | 7:20                                                                                | 6:14 |  |
| 25   | Wed | 10:16 | 5.7 | 10:38 | 4.4 | 3:41  | -0.5 | 4:28  | -0.3 | 7:21                                                                                | 6:12 |  |
| 26   | Thu | 11:06 | 5.5 | 11:28 | 4.1 | 4:30  | -0.3 | 5:21  | -0.1 | 7:22                                                                                | 6:11 |  |
| 27   | Fri | 11:57 | 5.1 |       |     | 5:21  | -0.1 | 6:16  | 0.2  | 7:23                                                                                | 6:10 |  |
| 28   | Sat | 12:20 | 3.8 | 12:50 | 4.8 | 6:15  | 0.2  | 7:14  | 0.4  | 7:24                                                                                | 6:09 |  |
| 29   | Sun | 1:15  | 3.6 | 1:46  | 4.4 | 7:12  | 0.5  | 8:12  | 0.6  | 7:25                                                                                | 6:08 |  |
| 30   | Mon | 2:15  | 3.4 | 2:45  | 4.1 | 8:12  | 0.6  | 9:09  | 0.7  | 7:26                                                                                | 6:07 |  |
| 31   | Tue | 3:18  | 3.4 | 3:46  | 4.0 | 9:12  | 0.7  | 10:02 | 0.7  | 7:27                                                                                | 6:05 |  |