

Sand Shoal Inlet, VA - Jan 2091

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:27	3.9	4:39	3.3	10:29	0.5	10:31	0.1	7:17	4:56	
2	Tue	5:14	4.3	5:27	3.4	11:20	0.3	11:18	-0.1	7:17	4:57	
3	Wed	6:00	4.6	6:14	3.5			12:08	0.1	7:17	4:58	
4	Thu	6:45	4.8	7:00	3.7	12:05	-0.3	12:54	-0.1	7:17	4:58	
5	Fri	7:31	5.0	7:47	3.8	12:50	-0.4	1:39	-0.3	7:17	4:59	
6	Sat	8:16	5.2	8:34	3.9	1:36	-0.6	2:24	-0.4	7:17	5:00	
7	Sun	9:03	5.2	9:22	4.0	2:23	-0.6	3:11	-0.4	7:17	5:01	
8	Mon	9:50	5.1	10:12	4.0	3:12	-0.6	3:58	-0.5	7:17	5:02	
9	Tue	10:38	4.9	11:03	4.0	4:04	-0.5	4:48	-0.5	7:17	5:03	
10	Wed	11:28	4.6	11:58	4.0	4:59	-0.4	5:40	-0.4	7:16	5:04	
11	Thu			12:21	4.2	5:59	-0.2	6:34	-0.4	7:16	5:05	
12	Fri	12:57	4.0	1:18	3.9	7:02	-0.1	7:29	-0.4	7:16	5:06	
13	Sat	2:00	4.0	2:20	3.6	8:07	0.0	8:26	-0.4	7:16	5:07	
14	Sun	3:06	4.1	3:24	3.4	9:14	0.0	9:24	-0.4	7:15	5:08	
15	Mon	4:09	4.3	4:25	3.3	10:20	-0.1	10:22	-0.5	7:15	5:09	
16	Tue	5:07	4.4	5:21	3.3	11:22	-0.2	11:17	-0.5	7:15	5:10	
17	Wed	6:00	4.5	6:13	3.3			12:17	-0.3	7:14	5:11	
18	Thu	6:49	4.6	7:01	3.4	12:09	-0.6	1:04	-0.3	7:14	5:12	
19	Fri	7:34	4.6	7:47	3.5	12:56	-0.7	1:48	-0.4	7:14	5:13	
20	Sat	8:18	4.6	8:31	3.5	1:41	-0.7	2:28	-0.4	7:13	5:14	
21	Sun	9:00	4.5	9:14	3.5	2:24	-0.6	3:07	-0.3	7:13	5:15	
22	Mon	9:40	4.3	9:57	3.5	3:06	-0.4	3:46	-0.2	7:12	5:16	
23	Tue	10:20	4.1	10:39	3.5	3:48	-0.3	4:26	-0.1	7:11	5:17	
24	Wed	11:01	3.9	11:22	3.4	4:32	0.0	5:06	0.1	7:11	5:18	
25	Thu	11:42	3.6			5:18	0.2	5:47	0.2	7:10	5:20	
26	Fri	12:08	3.4	12:27	3.4	6:07	0.4	6:31	0.3	7:10	5:21	
27	Sat	12:58	3.4	1:15	3.2	6:59	0.5	7:17	0.3	7:09	5:22	
28	Sun	1:52	3.4	2:09	3.1	7:54	0.6	8:07	0.3	7:08	5:23	
29	Mon	2:50	3.6	3:05	3.0	8:51	0.6	8:59	0.3	7:07	5:24	
30	Tue	3:46	3.8	4:01	3.1	9:49	0.5	9:52	0.1	7:07	5:25	
31	Wed	4:39	4.1	4:54	3.3	10:45	0.3	10:46	-0.1	7:06	5:26	