

Sand Shoal Inlet, VA - Mar 2091

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:04	4.2	4:23	3.4	10:11	0.4	10:16	0.0	6:33	5:57	
2	Fri	4:59	4.5	5:17	3.7	11:07	0.1	11:13	-0.3	6:31	5:58	
3	Sat	5:52	4.8	6:10	4.1	11:59	-0.2			6:30	5:59	
4	Sun	6:42	5.1	7:01	4.4	12:07	-0.6	12:48	-0.5	6:29	6:00	
5	Mon	7:32	5.2	7:51	4.7	1:00	-0.9	1:35	-0.7	6:27	6:01	
6	Tue	8:21	5.2	8:42	4.9	1:51	-1.0	2:21	-0.8	6:26	6:02	
7	Wed	9:10	5.0	9:33	5.0	2:43	-1.0	3:09	-0.8	6:24	6:02	
8	Thu	9:59	4.8	10:24	5.0	3:36	-0.9	3:57	-0.8	6:23	6:03	
9	Fri	10:49	4.4	11:17	4.8	4:31	-0.7	4:49	-0.6	6:21	6:04	
10	Sat	11:41	4.0			5:28	-0.4	5:43	-0.4	6:20	6:05	
11	Sun	12:13	4.5	1:37	3.6	7:30	-0.2	7:40	-0.2	7:19	7:06	
12	Mon	2:15	4.3	2:40	3.3	8:34	0.1	8:41	0.0	7:17	7:07	
13	Tue	3:22	4.1	3:48	3.1	9:41	0.2	9:44	0.0	7:16	7:08	
14	Wed	4:32	4.0	4:55	3.1	10:48	0.3	10:48	0.1	7:14	7:09	
15	Thu	5:35	4.0	5:52	3.2	11:48	0.2	11:47	0.0	7:13	7:10	
16	Fri	6:27	4.0	6:41	3.4			12:38	0.2	7:11	7:11	
17	Sat	7:11	4.1	7:23	3.6	12:39	-0.1	1:19	0.1	7:10	7:12	
18	Sun	7:51	4.1	8:02	3.8	1:23	-0.2	1:55	0.0	7:08	7:13	
19	Mon	8:29	4.2	8:41	4.0	2:04	-0.2	2:28	0.0	7:07	7:14	
20	Tue	9:06	4.2	9:20	4.2	2:42	-0.2	3:01	0.0	7:05	7:15	
21	Wed	9:44	4.1	9:58	4.3	3:19	-0.2	3:35	0.0	7:04	7:15	
22	Thu	10:21	4.0	10:37	4.3	3:57	-0.1	4:10	0.1	7:02	7:16	
23	Fri	10:59	3.9	11:16	4.2	4:37	0.0	4:47	0.2	7:01	7:17	
24	Sat	11:37	3.7	11:57	4.2	5:18	0.2	5:25	0.3	6:59	7:18	
25	Sun			12:18	3.5	6:02	0.4	6:08	0.4	6:58	7:19	
26	Mon	12:40	4.1	1:02	3.4	6:51	0.5	6:55	0.5	6:56	7:20	
27	Tue	1:30	4.1	1:53	3.3	7:43	0.6	7:49	0.5	6:55	7:21	
28	Wed	2:26	4.1	2:52	3.3	8:40	0.6	8:47	0.5	6:53	7:22	
29	Thu	3:28	4.1	3:54	3.4	9:39	0.5	9:48	0.3	6:52	7:23	
30	Fri	4:30	4.3	4:55	3.7	10:38	0.4	10:50	0.1	6:50	7:24	
31	Sat	5:28	4.6	5:52	4.1	11:35	0.1	11:50	-0.2	6:49	7:24	