

## Sand Shoal Inlet, VA - Jul 2092

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Tue | 6:16  | 3.4 | 6:46  | 4.5 | 12:19 | 0.6  | 12:06 | 0.3  | 5:47                                                                                | 8:27 |    |
| 2    | Wed | 7:00  | 3.4 | 7:28  | 4.6 | 1:03  | 0.5  | 12:49 | 0.3  | 5:47                                                                                | 8:27 |    |
| 3    | Thu | 7:44  | 3.5 | 8:10  | 4.8 | 1:44  | 0.4  | 1:30  | 0.2  | 5:48                                                                                | 8:27 |    |
| 4    | Fri | 8:26  | 3.6 | 8:52  | 4.9 | 2:23  | 0.3  | 2:11  | 0.2  | 5:48                                                                                | 8:27 |    |
| 5    | Sat | 9:09  | 3.7 | 9:33  | 4.9 | 3:01  | 0.3  | 2:52  | 0.1  | 5:49                                                                                | 8:27 |    |
| 6    | Sun | 9:51  | 3.8 | 10:14 | 4.9 | 3:40  | 0.2  | 3:33  | 0.2  | 5:49                                                                                | 8:26 |    |
| 7    | Mon | 10:33 | 3.8 | 10:54 | 4.9 | 4:20  | 0.2  | 4:16  | 0.2  | 5:50                                                                                | 8:26 |    |
| 8    | Tue | 11:16 | 3.9 | 11:36 | 4.8 | 5:02  | 0.2  | 5:01  | 0.3  | 5:50                                                                                | 8:26 |    |
| 9    | Wed |       |     | 12:01 | 3.9 | 5:46  | 0.3  | 5:51  | 0.4  | 5:51                                                                                | 8:25 |    |
| 10   | Thu | 12:20 | 4.6 | 12:49 | 4.0 | 6:31  | 0.2  | 6:45  | 0.4  | 5:52                                                                                | 8:25 |    |
| 11   | Fri | 1:07  | 4.4 | 1:42  | 4.2 | 7:19  | 0.2  | 7:43  | 0.5  | 5:52                                                                                | 8:25 |    |
| 12   | Sat | 2:00  | 4.2 | 2:40  | 4.3 | 8:10  | 0.2  | 8:44  | 0.4  | 5:53                                                                                | 8:24 |    |
| 13   | Sun | 2:58  | 4.0 | 3:41  | 4.6 | 9:04  | 0.1  | 9:48  | 0.4  | 5:54                                                                                | 8:24 |   |
| 14   | Mon | 4:00  | 3.9 | 4:42  | 4.9 | 9:59  | -0.1 | 10:52 | 0.2  | 5:54                                                                                | 8:23 |  |
| 15   | Tue | 5:01  | 3.9 | 5:41  | 5.2 | 10:57 | -0.2 | 11:56 | 0.0  | 5:55                                                                                | 8:23 |  |
| 16   | Wed | 6:00  | 3.9 | 6:38  | 5.4 | 11:55 | -0.4 |       |      | 5:56                                                                                | 8:22 |  |
| 17   | Thu | 6:57  | 4.0 | 7:33  | 5.6 | 12:55 | -0.2 | 12:52 | -0.5 | 5:57                                                                                | 8:22 |  |
| 18   | Fri | 7:53  | 4.1 | 8:26  | 5.7 | 1:50  | -0.3 | 1:47  | -0.6 | 5:57                                                                                | 8:21 |  |
| 19   | Sat | 8:47  | 4.2 | 9:18  | 5.6 | 2:42  | -0.4 | 2:39  | -0.7 | 5:58                                                                                | 8:20 |  |
| 20   | Sun | 9:39  | 4.2 | 10:08 | 5.4 | 3:31  | -0.5 | 3:31  | -0.6 | 5:59                                                                                | 8:20 |  |
| 21   | Mon | 10:30 | 4.2 | 10:56 | 5.1 | 4:20  | -0.4 | 4:22  | -0.4 | 6:00                                                                                | 8:19 |  |
| 22   | Tue | 11:20 | 4.2 | 11:43 | 4.8 | 5:07  | -0.3 | 5:14  | -0.2 | 6:00                                                                                | 8:18 |  |
| 23   | Wed |       |     | 12:09 | 4.1 | 5:55  | -0.1 | 6:07  | 0.1  | 6:01                                                                                | 8:17 |  |
| 24   | Thu | 12:30 | 4.4 | 12:59 | 4.0 | 6:42  | 0.1  | 7:02  | 0.4  | 6:02                                                                                | 8:17 |  |
| 25   | Fri | 1:17  | 4.0 | 1:51  | 3.9 | 7:28  | 0.3  | 7:58  | 0.6  | 6:03                                                                                | 8:16 |  |
| 26   | Sat | 2:07  | 3.6 | 2:46  | 3.9 | 8:15  | 0.4  | 8:55  | 0.7  | 6:04                                                                                | 8:15 |  |
| 27   | Sun | 3:01  | 3.4 | 3:43  | 3.9 | 9:03  | 0.5  | 9:52  | 0.8  | 6:04                                                                                | 8:14 |  |
| 28   | Mon | 3:57  | 3.3 | 4:38  | 4.1 | 9:51  | 0.6  | 10:49 | 0.8  | 6:05                                                                                | 8:13 |  |
| 29   | Tue | 4:51  | 3.3 | 5:29  | 4.2 | 10:41 | 0.6  | 11:43 | 0.8  | 6:06                                                                                | 8:12 |  |
| 30   | Wed | 5:42  | 3.3 | 6:16  | 4.4 | 11:30 | 0.5  |       |      | 6:07                                                                                | 8:12 |  |
| 31   | Thu | 6:29  | 3.5 | 7:01  | 4.7 | 12:30 | 0.7  | 12:18 | 0.4  | 6:08                                                                                | 8:11 |  |