

## Sand Shoal Inlet, VA - Jun 2024

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Tue | 10:34 | 3.9 | 11:01 | 5.5 | 4:25  | -0.2 | 4:19  | -0.2 | 5:43                                                                                | 8:18 |    |
| 2    | Wed | 11:26 | 3.8 | 11:53 | 5.3 | 5:17  | -0.1 | 5:13  | -0.1 | 5:43                                                                                | 8:19 |    |
| 3    | Thu |       |     | 12:20 | 3.8 | 6:12  | -0.1 | 6:11  | 0.0  | 5:43                                                                                | 8:19 |    |
| 4    | Fri | 12:47 | 5.0 | 1:18  | 3.8 | 7:09  | 0.0  | 7:13  | 0.1  | 5:43                                                                                | 8:20 |    |
| 5    | Sat | 1:45  | 4.7 | 2:21  | 3.8 | 8:06  | 0.0  | 8:18  | 0.2  | 5:42                                                                                | 8:20 |    |
| 6    | Sun | 2:47  | 4.4 | 3:27  | 4.0 | 9:02  | 0.0  | 9:25  | 0.2  | 5:42                                                                                | 8:21 |    |
| 7    | Mon | 3:49  | 4.2 | 4:30  | 4.2 | 9:57  | 0.0  | 10:31 | 0.2  | 5:42                                                                                | 8:22 |    |
| 8    | Tue | 4:50  | 4.0 | 5:28  | 4.5 | 10:50 | -0.1 | 11:35 | 0.1  | 5:42                                                                                | 8:22 |    |
| 9    | Wed | 5:45  | 3.8 | 6:20  | 4.7 | 11:41 | -0.1 |       |      | 5:42                                                                                | 8:23 |    |
| 10   | Thu | 6:37  | 3.7 | 7:08  | 4.9 | 12:34 | 0.0  | 12:30 | -0.2 | 5:42                                                                                | 8:23 |    |
| 11   | Fri | 7:25  | 3.7 | 7:53  | 5.0 | 1:26  | -0.1 | 1:16  | -0.2 | 5:42                                                                                | 8:24 |    |
| 12   | Sat | 8:11  | 3.6 | 8:38  | 5.0 | 2:14  | -0.1 | 2:00  | -0.2 | 5:42                                                                                | 8:24 |   |
| 13   | Sun | 8:56  | 3.5 | 9:21  | 5.0 | 2:57  | -0.1 | 2:42  | -0.1 | 5:42                                                                                | 8:24 |  |
| 14   | Mon | 9:40  | 3.5 | 10:04 | 4.9 | 3:39  | 0.0  | 3:24  | 0.0  | 5:42                                                                                | 8:25 |  |
| 15   | Tue | 10:24 | 3.5 | 10:47 | 4.7 | 4:21  | 0.1  | 4:07  | 0.1  | 5:42                                                                                | 8:25 |  |
| 16   | Wed | 11:07 | 3.4 | 11:30 | 4.5 | 5:03  | 0.2  | 4:50  | 0.3  | 5:42                                                                                | 8:25 |  |
| 17   | Thu | 11:52 | 3.4 |       |     | 5:46  | 0.4  | 5:36  | 0.4  | 5:42                                                                                | 8:26 |  |
| 18   | Fri | 12:14 | 4.3 | 12:37 | 3.3 | 6:29  | 0.5  | 6:25  | 0.6  | 5:42                                                                                | 8:26 |  |
| 19   | Sat | 12:58 | 4.1 | 1:26  | 3.4 | 7:14  | 0.6  | 7:17  | 0.7  | 5:42                                                                                | 8:26 |  |
| 20   | Sun | 1:45  | 3.9 | 2:18  | 3.5 | 7:58  | 0.6  | 8:10  | 0.8  | 5:43                                                                                | 8:27 |  |
| 21   | Mon | 2:35  | 3.8 | 3:12  | 3.6 | 8:42  | 0.6  | 9:05  | 0.8  | 5:43                                                                                | 8:27 |  |
| 22   | Tue | 3:28  | 3.7 | 4:05  | 3.9 | 9:28  | 0.6  | 10:02 | 0.8  | 5:43                                                                                | 8:27 |  |
| 23   | Wed | 4:21  | 3.6 | 4:56  | 4.2 | 10:15 | 0.5  | 10:58 | 0.6  | 5:43                                                                                | 8:27 |  |
| 24   | Thu | 5:12  | 3.7 | 5:46  | 4.6 | 11:03 | 0.3  | 11:53 | 0.4  | 5:44                                                                                | 8:27 |  |
| 25   | Fri | 6:03  | 3.7 | 6:34  | 5.0 | 11:52 | 0.1  |       |      | 5:44                                                                                | 8:27 |  |
| 26   | Sat | 6:52  | 3.8 | 7:23  | 5.3 | 12:47 | 0.2  | 12:42 | 0.0  | 5:44                                                                                | 8:27 |  |
| 27   | Sun | 7:42  | 3.9 | 8:12  | 5.6 | 1:38  | 0.0  | 1:31  | -0.2 | 5:45                                                                                | 8:27 |  |
| 28   | Mon | 8:33  | 4.0 | 9:03  | 5.7 | 2:28  | -0.2 | 2:21  | -0.4 | 5:45                                                                                | 8:27 |  |
| 29   | Tue | 9:25  | 4.1 | 9:54  | 5.7 | 3:18  | -0.3 | 3:12  | -0.4 | 5:45                                                                                | 8:27 |  |
| 30   | Wed | 10:17 | 4.1 | 10:46 | 5.6 | 4:08  | -0.3 | 4:04  | -0.4 | 5:46                                                                                | 8:27 |  |