US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - Mar 2100

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:33	3.7			5:25	-0.3	5:31	-0.4	6:33	5:56	
2	Tue	12:07	4.6	12:28	3.2	6:27	0.0	6:27	-0.2	6:32	5:57	
3	Wed	1:09	4.3	1:30	2.9	7:34	0.2	7:29	0.0	6:30	5:58	
4	Thu	2:20	4.1	2:41	2.7	8:45	0.4	8:35	0.1	6:29	5:59	
5	Fri	3:35	4.0	3:54	2.8	9:58	0.4	9:43	0.1	6:27	6:00	
6	Sat	4:43	4.0	4:56	2.9	11:03	0.3	10:46	0.0	6:26	6:01	
7	Sun	5:39	4.1	5:47	3.2	11:54	0.2	11:41	-0.1	6:25	6:02	
8	Mon	6:23	4.2	6:31	3.4			12:34	0.1	6:23	6:03	
9	Tue	7:02	4.2	7:10	3.7	12:28	-0.2	1:07	0.0	6:22	6:04	
10	Wed	7:39	4.2	7:49	3.9	1:10	-0.3	1:38	0.0	6:20	6:05	
11	Thu	8:14	4.1	8:26	4.1	1:48	-0.3	2:09	0.0	6:19	6:06	
12	Fri	8:50	4.0	9:03	4.2	2:26	-0.2	2:40	0.0	6:17	6:07	
13	Sat	9:26	3.8	9:41	4.2	3:04	-0.1	3:13	0.1	6:16	6:08	
14	Sun	11:02	3.6	11:19	4.2	4:43	0.0	4:47	0.2	7:14	7:09	
15	Mon	11:39	3.4	11:59	4.1	5:24	0.2	5:23	0.3	7:13	7:10	
16	Tue			12:18	3.2	6:08	0.4	6:04	0.5	7:11	7:11	
17	Wed	12:42	4.0	1:00	3.0	6:56	0.6	6:50	0.6	7:10	7:12	
18	Thu	1:33	3.9	1:51	2.9	7:51	0.8	7:45	0.6	7:08	7:13	
19	Fri	2:32	3.9	2:52	2.8	8:50	0.8	8:45	0.5	7:07	7:14	
20	Sat	3:38	4.0	3:58	3.0	9:51	0.8	9:48	0.4	7:05	7:14	
21	Sun	4:41	4.2	5:00	3.3	10:51	0.6	10:51	0.2	7:04	7:15	
22	Mon	5:38	4.4	5:57	3.7	11:46	0.3	11:52	-0.1	7:02	7:16	
23	Tue	6:31	4.7	6:49	4.2			12:36	0.0	7:01	7:17	
24	Wed	7:21	4.9	7:40	4.7	12:49	-0.4	1:23	-0.3	6:59	7:18	
25	Thu	8:09	4.9	8:29	5.1	1:42	-0.7	2:07	-0.5	6:58	7:19	
26	Fri	8:57	4.8	9:19	5.4	2:35	-0.8	2:52	-0.7	6:56	7:20	
27	Sat	9:45	4.6	10:09	5.5	3:26	-0.9	3:37	-0.7	6:55	7:21	
28	Sun	10:34	4.3	10:59	5.4	4:19	-0.8	4:24	-0.6	6:53	7:22	
29	Mon	11:23	3.9	11:52	5.2	5:13	-0.5	5:13	-0.4	6:52	7:23	
30	Tue			12:15	3.6	6:11	-0.2	6:08	-0.2	6:50	7:23	
31	Wed	12:48	4.8	1:11	3.2	7:12	0.1	7:07	0.0	6:49	7:24	