

Smith Island (Coast Guard Station), VA - Mar 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:43	3.7	2:03	2.6	8:56	0.6	8:53	0.2	6:34	5:57	
2	Mon	2:52	3.8	3:13	2.6	10:03	0.6	9:59	0.0	6:33	5:58	
3	Tue	4:01	3.9	4:21	2.8	11:10	0.4	11:06	-0.2	6:32	5:59	
4	Wed	5:06	4.2	5:23	3.1			12:12	0.1	6:30	6:00	
5	Thu	6:04	4.4	6:21	3.5	12:11	-0.6	1:07	-0.3	6:29	6:01	
6	Fri	6:57	4.5	7:14	3.8	1:11	-0.9	1:56	-0.6	6:27	6:02	
7	Sat	7:47	4.5	8:06	4.1	2:07	-1.2	2:42	-0.9	6:26	6:03	
8	Sun	8:35	4.3	8:55	4.3	2:59	-1.3	3:26	-1.0	6:24	6:04	
9	Mon	9:22	4.1	9:43	4.4	3:50	-1.2	4:09	-0.9	6:23	6:05	
10	Tue	10:07	3.8	10:31	4.3	4:41	-0.9	4:53	-0.7	6:22	6:05	
11	Wed	10:52	3.4	11:18	4.1	5:32	-0.6	5:38	-0.4	6:20	6:06	
12	Thu	11:38	3.0			6:25	-0.2	6:25	-0.1	6:19	6:07	
13	Fri	12:08	3.8	12:27	2.7	7:21	0.2	7:16	0.2	6:17	6:08	
14	Sat	1:02	3.5	1:20	2.5	8:20	0.6	8:11	0.5	6:16	6:09	
15	Sun	2:04	3.3	2:22	2.3	9:23	0.9	9:11	0.6	6:14	6:10	
16	Mon	3:13	3.2	3:28	2.4	10:30	1.0	10:12	0.6	6:13	6:11	
17	Tue	4:19	3.2	4:29	2.5	11:31	1.0	11:12	0.5	6:11	6:12	
18	Wed	5:13	3.3	5:20	2.7			12:19	0.8	6:10	6:13	
19	Thu	5:57	3.5	6:04	3.0	12:06	0.4	12:56	0.7	6:08	6:14	
20	Fri	6:36	3.6	6:45	3.3	12:53	0.2	1:30	0.5	6:07	6:15	
21	Sat	7:13	3.7	7:24	3.6	1:35	0.0	2:02	0.3	6:05	6:15	
22	Sun	7:50	3.7	8:03	3.8	2:15	-0.1	2:35	0.2	6:04	6:16	
23	Mon	8:27	3.7	8:41	4.0	2:54	-0.2	3:08	0.1	6:02	6:17	
24	Tue	9:04	3.6	9:20	4.1	3:34	-0.2	3:42	0.0	6:01	6:18	
25	Wed	9:42	3.5	10:00	4.2	4:15	-0.1	4:19	0.1	5:59	6:19	
26	Thu	10:21	3.3	10:42	4.2	4:58	0.0	4:58	0.1	5:58	6:20	
27	Fri	11:03	3.1	11:29	4.1	5:46	0.2	5:42	0.2	5:56	6:21	
28	Sat	11:49	3.0			6:39	0.4	6:33	0.3	5:55	6:22	
29	Sun	12:22	4.0	12:44	2.8	7:38	0.6	7:32	0.4	5:53	6:23	
30	Mon	1:24	3.9	1:48	2.8	8:41	0.6	8:38	0.3	5:52	6:23	
31	Tue	2:33	3.9	2:59	2.8	9:46	0.6	9:46	0.2	5:50	6:24	