

Smith Island (Coast Guard Station), VA - May 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:23	3.8	5:54	3.8			12:19	0.0	6:09	7:52	
2	Sat	6:19	3.8	6:47	4.2	12:48	-0.1	1:09	-0.2	6:07	7:53	
3	Sun	7:10	3.7	7:36	4.4	1:48	-0.3	1:57	-0.3	6:06	7:54	
4	Mon	7:58	3.6	8:23	4.6	2:42	-0.4	2:42	-0.4	6:05	7:55	
5	Tue	8:45	3.5	9:09	4.7	3:32	-0.5	3:25	-0.4	6:04	7:55	
6	Wed	9:30	3.3	9:54	4.6	4:19	-0.4	4:08	-0.3	6:03	7:56	
7	Thu	10:15	3.2	10:39	4.5	5:04	-0.2	4:51	-0.2	6:02	7:57	
8	Fri	11:00	3.1	11:24	4.2	5:49	0.0	5:35	0.1	6:01	7:58	
9	Sat	11:44	2.9			6:35	0.3	6:20	0.3	6:00	7:59	
10	Sun	12:10	4.0	12:30	2.8	7:23	0.6	7:09	0.6	5:59	8:00	
11	Mon	12:58	3.8	1:19	2.7	8:13	0.8	8:02	0.8	5:58	8:01	
12	Tue	1:49	3.5	2:13	2.7	9:03	1.0	8:58	0.9	5:57	8:02	
13	Wed	2:42	3.4	3:10	2.8	9:51	1.0	9:55	1.0	5:56	8:02	
14	Thu	3:38	3.3	4:08	3.0	10:37	1.0	10:52	1.0	5:56	8:03	
15	Fri	4:31	3.2	5:01	3.3	11:22	0.9	11:48	0.9	5:55	8:04	
16	Sat	5:21	3.2	5:49	3.6			12:05	0.8	5:54	8:05	
17	Sun	6:08	3.3	6:33	3.9	12:42	0.7	12:48	0.6	5:53	8:06	
18	Mon	6:52	3.3	7:17	4.2	1:32	0.5	1:31	0.4	5:52	8:07	
19	Tue	7:37	3.3	8:01	4.5	2:20	0.3	2:14	0.2	5:52	8:07	
20	Wed	8:22	3.4	8:46	4.7	3:07	0.1	2:58	0.0	5:51	8:08	
21	Thu	9:07	3.4	9:32	4.8	3:53	0.0	3:42	-0.1	5:50	8:09	
22	Fri	9:55	3.3	10:21	4.9	4:40	-0.1	4:29	-0.2	5:50	8:10	
23	Sat	10:43	3.3	11:11	4.8	5:29	-0.1	5:18	-0.1	5:49	8:11	
24	Sun	11:34	3.3			6:21	0.0	6:11	-0.1	5:48	8:11	
25	Mon	12:03	4.7	12:28	3.2	7:15	0.1	7:09	0.1	5:48	8:12	
26	Tue	12:57	4.4	1:26	3.3	8:11	0.1	8:12	0.2	5:47	8:13	
27	Wed	1:54	4.2	2:29	3.3	9:07	0.2	9:18	0.3	5:47	8:14	
28	Thu	2:55	3.9	3:34	3.5	10:02	0.1	10:25	0.3	5:46	8:14	
29	Fri	3:56	3.6	4:38	3.8	10:55	0.0	11:32	0.3	5:46	8:15	
30	Sat	4:57	3.4	5:36	4.0	11:47	0.0			5:45	8:16	
31	Sun	5:53	3.3	6:28	4.3	12:37	0.2	12:38	-0.1	5:45	8:17	