

Smith Island (Coast Guard Station), VA - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:48	4.4	8:02	3.2	2:00	-0.9	2:55	-0.5	7:17	4:56	
2	Fri	8:34	4.3	8:49	3.2	2:48	-0.9	3:38	-0.5	7:17	4:57	
3	Sat	9:18	4.2	9:34	3.2	3:33	-0.8	4:21	-0.4	7:17	4:58	
4	Sun	10:01	4.0	10:18	3.1	4:17	-0.6	5:02	-0.3	7:17	4:59	
5	Mon	10:42	3.8	11:03	3.1	5:02	-0.3	5:43	-0.1	7:17	5:00	
6	Tue	11:24	3.5	11:48	3.1	5:48	0.0	6:25	0.1	7:17	5:00	
7	Wed			12:07	3.3	6:36	0.2	7:07	0.2	7:17	5:01	
8	Thu	12:35	3.0	12:52	3.0	7:26	0.5	7:51	0.3	7:17	5:02	
9	Fri	1:26	3.0	1:41	2.8	8:19	0.7	8:37	0.4	7:17	5:03	
10	Sat	2:21	3.1	2:35	2.7	9:14	0.8	9:25	0.4	7:17	5:04	
11	Sun	3:17	3.2	3:30	2.7	10:10	0.8	10:15	0.3	7:17	5:05	
12	Mon	4:12	3.4	4:24	2.7	11:07	0.7	11:07	0.2	7:17	5:06	
13	Tue	5:04	3.6	5:15	2.9			12:02	0.5	7:16	5:07	
14	Wed	5:52	3.9	6:04	3.0			12:52	0.3	7:16	5:08	
15	Thu	6:39	4.2	6:52	3.2	12:48	-0.3	1:40	0.0	7:16	5:09	
16	Fri	7:25	4.4	7:40	3.4	1:36	-0.6	2:25	-0.3	7:16	5:10	
17	Sat	8:11	4.5	8:28	3.5	2:24	-0.8	3:10	-0.5	7:15	5:11	
18	Sun	8:57	4.6	9:16	3.7	3:12	-0.9	3:55	-0.7	7:15	5:12	
19	Mon	9:44	4.5	10:05	3.8	4:00	-1.0	4:41	-0.8	7:14	5:13	
20	Tue	10:31	4.3	10:55	3.8	4:51	-0.9	5:28	-0.8	7:14	5:14	
21	Wed	11:19	4.1	11:48	3.8	5:46	-0.7	6:18	-0.7	7:14	5:15	
22	Thu			12:09	3.7	6:43	-0.5	7:10	-0.6	7:13	5:16	
23	Fri	12:44	3.8	1:04	3.3	7:44	-0.2	8:05	-0.5	7:13	5:17	
24	Sat	1:46	3.7	2:04	3.0	8:49	0.0	9:02	-0.4	7:12	5:18	
25	Sun	2:52	3.7	3:09	2.8	9:56	0.1	10:02	-0.4	7:11	5:19	
26	Mon	3:59	3.7	4:14	2.7	11:04	0.1	11:03	-0.5	7:11	5:21	
27	Tue	5:01	3.8	5:15	2.8			12:09	0.0	7:10	5:22	
28	Wed	5:57	3.9	6:09	2.9	12:02	-0.5	1:06	-0.2	7:09	5:23	
29	Thu	6:47	4.0	6:58	3.0	12:57	-0.7	1:54	-0.3	7:09	5:24	
30	Fri	7:32	4.0	7:44	3.1	1:46	-0.8	2:36	-0.4	7:08	5:25	
31	Sat	8:15	4.0	8:27	3.2	2:32	-0.8	3:15	-0.4	7:07	5:26	