

Smith Island (Coast Guard Station), VA - May 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:25	3.4	10:44	4.2	5:03	0.2	4:59	0.3	6:08	7:52	
2	Sun	11:05	3.3	11:25	4.2	5:43	0.3	5:39	0.4	6:07	7:53	
3	Mon	11:47	3.2			6:26	0.4	6:22	0.5	6:06	7:54	
4	Tue	12:08	4.1	12:31	3.2	7:12	0.5	7:10	0.6	6:05	7:55	
5	Wed	12:54	4.0	1:20	3.2	8:02	0.6	8:04	0.6	6:04	7:56	
6	Thu	1:45	3.9	2:15	3.2	8:54	0.6	9:03	0.6	6:03	7:57	
7	Fri	2:41	3.9	3:15	3.4	9:48	0.5	10:06	0.5	6:02	7:58	
8	Sat	3:42	3.8	4:18	3.7	10:43	0.3	11:09	0.3	6:01	7:59	
9	Sun	4:43	3.8	5:17	4.1	11:38	0.0			6:00	7:59	
10	Mon	5:41	3.9	6:14	4.4	12:12	0.0	12:33	-0.2	5:59	8:00	
11	Tue	6:37	3.9	7:08	4.8	1:14	-0.3	1:27	-0.5	5:58	8:01	
12	Wed	7:31	3.9	8:01	5.0	2:12	-0.6	2:19	-0.8	5:57	8:02	
13	Thu	8:25	3.9	8:54	5.1	3:08	-0.8	3:10	-0.9	5:56	8:03	
14	Fri	9:17	3.8	9:46	5.1	4:00	-0.9	4:01	-0.9	5:55	8:04	
15	Sat	10:10	3.7	10:37	5.0	4:52	-0.8	4:51	-0.8	5:54	8:05	
16	Sun	11:01	3.6	11:29	4.7	5:44	-0.6	5:43	-0.6	5:53	8:05	
17	Mon	11:53	3.4			6:37	-0.4	6:37	-0.3	5:53	8:06	
18	Tue	12:20	4.4	12:46	3.3	7:31	-0.1	7:33	0.0	5:52	8:07	
19	Wed	1:11	4.0	1:41	3.2	8:25	0.1	8:31	0.3	5:51	8:08	
20	Thu	2:05	3.7	2:39	3.1	9:18	0.3	9:31	0.6	5:51	8:09	
21	Fri	3:01	3.4	3:39	3.2	10:09	0.5	10:30	0.7	5:50	8:10	
22	Sat	3:58	3.2	4:36	3.3	10:57	0.6	11:29	0.8	5:49	8:10	
23	Sun	4:52	3.1	5:27	3.5	11:43	0.6			5:49	8:11	
24	Mon	5:42	3.1	6:12	3.7	12:24	0.7	12:27	0.5	5:48	8:12	
25	Tue	6:27	3.1	6:55	3.9	1:15	0.7	1:10	0.5	5:47	8:13	
26	Wed	7:11	3.2	7:36	4.1	2:00	0.5	1:52	0.4	5:47	8:13	
27	Thu	7:53	3.2	8:17	4.2	2:41	0.4	2:32	0.3	5:46	8:14	
28	Fri	8:35	3.3	8:59	4.4	3:21	0.3	3:12	0.2	5:46	8:15	
29	Sat	9:17	3.3	9:40	4.4	4:00	0.3	3:52	0.2	5:46	8:16	
30	Sun	9:59	3.3	10:21	4.4	4:41	0.2	4:33	0.2	5:45	8:16	
31	Mon	10:42	3.4	11:04	4.4	5:22	0.2	5:16	0.2	5:45	8:17	