

Smith Island (Coast Guard Station), VA - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:51	3.7			6:27	0.0	6:34	0.1	5:47	8:27	
2	Fri	12:12	4.3	12:41	3.8	7:14	0.0	7:30	0.2	5:47	8:27	
3	Sat	1:00	4.1	1:34	3.9	8:04	0.0	8:29	0.3	5:48	8:27	
4	Sun	1:52	3.8	2:32	4.0	8:55	-0.1	9:31	0.4	5:48	8:27	
5	Mon	2:50	3.6	3:34	4.1	9:49	-0.1	10:35	0.4	5:49	8:27	
6	Tue	3:51	3.4	4:37	4.3	10:45	-0.2	11:40	0.3	5:49	8:26	
7	Wed	4:54	3.3	5:38	4.4	11:44	-0.2			5:50	8:26	
8	Thu	5:55	3.3	6:36	4.6	12:45	0.2	12:42	-0.4	5:51	8:26	
9	Fri	6:53	3.3	7:30	4.7	1:46	0.0	1:39	-0.5	5:51	8:25	
10	Sat	7:47	3.4	8:22	4.7	2:41	-0.2	2:34	-0.6	5:52	8:25	
11	Sun	8:40	3.5	9:11	4.7	3:31	-0.3	3:25	-0.6	5:52	8:25	
12	Mon	9:30	3.5	9:58	4.6	4:17	-0.4	4:13	-0.6	5:53	8:24	
13	Tue	10:17	3.6	10:42	4.4	5:01	-0.3	5:01	-0.4	5:54	8:24	
14	Wed	11:04	3.6	11:26	4.2	5:44	-0.2	5:48	-0.1	5:54	8:23	
15	Thu	11:49	3.5			6:26	0.0	6:35	0.2	5:55	8:23	
16	Fri	12:08	3.9	12:34	3.5	7:09	0.2	7:24	0.5	5:56	8:22	
17	Sat	12:51	3.6	1:21	3.5	7:51	0.4	8:15	0.7	5:57	8:22	
18	Sun	1:36	3.3	2:10	3.4	8:34	0.5	9:07	1.0	5:57	8:21	
19	Mon	2:24	3.1	3:04	3.5	9:19	0.7	10:01	1.1	5:58	8:21	
20	Tue	3:16	2.9	3:59	3.5	10:07	0.7	10:57	1.2	5:59	8:20	
21	Wed	4:11	2.9	4:54	3.7	10:56	0.7	11:52	1.1	6:00	8:19	
22	Thu	5:06	2.9	5:46	3.9	11:47	0.7			6:00	8:19	
23	Fri	5:58	3.0	6:34	4.1	12:46	1.0	12:38	0.5	6:01	8:18	
24	Sat	6:48	3.2	7:21	4.3	1:36	0.8	1:28	0.3	6:02	8:17	
25	Sun	7:35	3.4	8:06	4.5	2:23	0.6	2:17	0.1	6:03	8:17	
26	Mon	8:22	3.6	8:50	4.7	3:07	0.3	3:04	-0.1	6:03	8:16	
27	Tue	9:08	3.8	9:35	4.8	3:49	0.1	3:50	-0.2	6:04	8:15	
28	Wed	9:55	4.0	10:19	4.7	4:32	-0.1	4:38	-0.3	6:05	8:14	
29	Thu	10:42	4.1	11:05	4.6	5:16	-0.2	5:27	-0.3	6:06	8:13	
30	Fri	11:30	4.2	11:51	4.4	6:01	-0.3	6:19	-0.1	6:07	8:12	
31	Sat			12:21	4.3	6:48	-0.2	7:14	0.0	6:07	8:11	