

Smith Island (Coast Guard Station), VA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:40	4.1	1:14	4.3	7:38	-0.2	8:14	0.2	6:08	8:10	
2	Mon	1:32	3.8	2:12	4.2	8:31	-0.1	9:16	0.4	6:09	8:10	
3	Tue	2:30	3.5	3:15	4.2	9:27	0.0	10:21	0.5	6:10	8:09	
4	Wed	3:33	3.3	4:21	4.2	10:26	0.0	11:28	0.5	6:11	8:08	
5	Thu	4:39	3.2	5:26	4.3	11:27	0.0			6:12	8:06	
6	Fri	5:43	3.2	6:25	4.4	12:34	0.4	12:29	-0.1	6:12	8:05	
7	Sat	6:41	3.3	7:18	4.5	1:34	0.3	1:27	-0.2	6:13	8:04	
8	Sun	7:33	3.4	8:06	4.5	2:26	0.1	2:21	-0.3	6:14	8:03	
9	Mon	8:22	3.6	8:51	4.5	3:12	0.0	3:10	-0.3	6:15	8:02	
10	Tue	9:08	3.7	9:34	4.4	3:54	-0.1	3:55	-0.3	6:16	8:01	
11	Wed	9:52	3.8	10:15	4.2	4:32	-0.1	4:39	-0.2	6:17	8:00	
12	Thu	10:34	3.8	10:55	4.1	5:10	0.0	5:22	0.0	6:17	7:59	
13	Fri	11:16	3.8	11:35	3.8	5:48	0.1	6:05	0.3	6:18	7:57	
14	Sat	11:58	3.8			6:26	0.3	6:49	0.6	6:19	7:56	
15	Sun	12:15	3.6	12:42	3.7	7:06	0.5	7:36	0.8	6:20	7:55	
16	Mon	12:57	3.4	1:28	3.7	7:48	0.7	8:26	1.1	6:21	7:54	
17	Tue	1:43	3.2	2:19	3.6	8:34	0.9	9:19	1.3	6:22	7:53	
18	Wed	2:33	3.0	3:15	3.6	9:23	1.0	10:14	1.4	6:22	7:51	
19	Thu	3:30	3.0	4:13	3.7	10:15	1.0	11:11	1.3	6:23	7:50	
20	Fri	4:28	3.0	5:09	3.9	11:10	0.9			6:24	7:49	
21	Sat	5:24	3.2	6:01	4.2	12:07	1.2	12:05	0.7	6:25	7:47	
22	Sun	6:17	3.4	6:50	4.4	1:00	0.9	12:59	0.4	6:26	7:46	
23	Mon	7:06	3.7	7:37	4.6	1:49	0.6	1:51	0.1	6:27	7:45	
24	Tue	7:55	4.0	8:23	4.8	2:35	0.3	2:42	-0.1	6:27	7:43	
25	Wed	8:42	4.3	9:09	4.9	3:19	0.0	3:31	-0.4	6:28	7:42	
26	Thu	9:31	4.5	9:55	4.8	4:03	-0.3	4:20	-0.5	6:29	7:40	
27	Fri	10:19	4.7	10:42	4.6	4:47	-0.4	5:11	-0.4	6:30	7:39	
28	Sat	11:09	4.8	11:31	4.4	5:33	-0.4	6:03	-0.3	6:31	7:38	
29	Sun			12:00	4.8	6:22	-0.3	6:59	0.0	6:32	7:36	
30	Mon	12:21	4.1	12:54	4.6	7:13	-0.2	7:59	0.2	6:32	7:35	
31	Tue	1:14	3.7	1:53	4.5	8:09	0.0	9:02	0.5	6:33	7:33	