

Smith Island (Coast Guard Station), VA - Sep 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:13	3.4	2:57	4.3	9:08	0.2	10:08	0.6	6:34	7:32	
2	Thu	3:19	3.2	4:06	4.2	10:10	0.3	11:16	0.7	6:35	7:30	
3	Fri	4:28	3.2	5:13	4.2	11:15	0.3			6:36	7:29	
4	Sat	5:34	3.3	6:12	4.2	12:21	0.6	12:18	0.3	6:37	7:28	
5	Sun	6:30	3.4	7:03	4.2	1:18	0.5	1:16	0.2	6:37	7:26	
6	Mon	7:19	3.6	7:47	4.2	2:06	0.3	2:08	0.1	6:38	7:25	
7	Tue	8:03	3.8	8:28	4.2	2:47	0.2	2:54	0.0	6:39	7:23	
8	Wed	8:44	4.0	9:07	4.2	3:25	0.2	3:37	0.0	6:40	7:22	
9	Thu	9:25	4.1	9:45	4.1	4:00	0.2	4:17	0.1	6:41	7:20	
10	Fri	10:04	4.1	10:24	3.9	4:34	0.2	4:56	0.2	6:41	7:19	
11	Sat	10:44	4.2	11:03	3.8	5:10	0.3	5:36	0.4	6:42	7:17	
12	Sun	11:24	4.1	11:42	3.6	5:46	0.5	6:18	0.7	6:43	7:15	
13	Mon			12:06	4.0	6:25	0.7	7:02	0.9	6:44	7:14	
14	Tue	12:23	3.4	12:50	3.9	7:06	0.9	7:50	1.2	6:45	7:12	
15	Wed	1:07	3.2	1:38	3.8	7:52	1.0	8:42	1.4	6:45	7:11	
16	Thu	1:56	3.1	2:32	3.8	8:43	1.1	9:37	1.4	6:46	7:09	
17	Fri	2:52	3.1	3:31	3.9	9:38	1.2	10:33	1.4	6:47	7:08	
18	Sat	3:52	3.2	4:30	4.0	10:36	1.0	11:29	1.2	6:48	7:06	
19	Sun	4:52	3.4	5:26	4.2	11:34	0.8			6:49	7:05	
20	Mon	5:47	3.7	6:17	4.4	12:23	0.9	12:32	0.5	6:50	7:03	
21	Tue	6:39	4.1	7:06	4.6	1:13	0.5	1:27	0.2	6:50	7:02	
22	Wed	7:28	4.4	7:55	4.8	2:01	0.2	2:21	-0.2	6:51	7:00	
23	Thu	8:18	4.8	8:43	4.8	2:48	-0.2	3:12	-0.4	6:52	6:59	
24	Fri	9:07	5.1	9:31	4.7	3:33	-0.4	4:03	-0.6	6:53	6:57	
25	Sat	9:57	5.2	10:20	4.5	4:20	-0.6	4:55	-0.5	6:54	6:56	
26	Sun	10:48	5.2	11:10	4.3	5:07	-0.6	5:48	-0.4	6:55	6:54	
27	Mon	11:40	5.1			5:57	-0.4	6:44	-0.1	6:55	6:53	
28	Tue	12:02	4.0	12:35	4.9	6:50	-0.2	7:44	0.2	6:56	6:51	
29	Wed	12:57	3.7	1:34	4.6	7:48	0.1	8:47	0.5	6:57	6:50	
30	Thu	1:57	3.4	2:37	4.3	8:50	0.3	9:52	0.6	6:58	6:48	