

Smith Island (Coast Guard Station), VA - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:58	3.4	4:19	3.6	10:43	0.7	11:16	0.5	6:28	5:06	
2	Tue	4:51	3.5	5:07	3.5	11:41	0.6			6:29	5:05	
3	Wed	5:35	3.8	5:49	3.5	12:00	0.5	12:32	0.6	6:30	5:04	
4	Thu	6:14	4.0	6:28	3.5	12:39	0.4	1:15	0.5	6:31	5:03	
5	Fri	6:52	4.1	7:07	3.5	1:16	0.3	1:54	0.4	6:32	5:02	
6	Sat	7:31	4.3	7:46	3.5	1:52	0.3	2:32	0.4	6:33	5:01	
7	Sun	8:10	4.4	8:26	3.5	2:28	0.2	3:09	0.4	6:34	5:00	
8	Mon	8:49	4.4	9:06	3.4	3:04	0.3	3:47	0.4	6:35	4:59	
9	Tue	9:29	4.4	9:46	3.4	3:42	0.4	4:27	0.5	6:36	4:58	
10	Wed	10:10	4.3	10:27	3.3	4:21	0.5	5:09	0.7	6:37	4:57	
11	Thu	10:51	4.2	11:10	3.2	5:02	0.6	5:53	0.8	6:38	4:56	
12	Fri	11:35	4.1	11:57	3.2	5:48	0.7	6:41	0.9	6:39	4:56	
13	Sat			12:23	4.0	6:39	0.8	7:32	0.8	6:40	4:55	
14	Sun	12:50	3.2	1:16	3.9	7:36	0.9	8:24	0.7	6:41	4:54	
15	Mon	1:49	3.3	2:14	3.9	8:37	0.8	9:17	0.5	6:42	4:53	
16	Tue	2:50	3.6	3:13	3.8	9:39	0.6	10:11	0.3	6:43	4:53	
17	Wed	3:50	3.9	4:12	3.9	10:42	0.4	11:05	0.0	6:44	4:52	
18	Thu	4:47	4.4	5:07	3.9	11:44	0.1	11:58	-0.4	6:46	4:51	
19	Fri	5:41	4.7	6:01	4.0			12:43	-0.3	6:47	4:51	
20	Sat	6:34	5.0	6:54	4.0	12:51	-0.7	1:39	-0.5	6:48	4:50	
21	Sun	7:27	5.2	7:47	3.9	1:42	-0.9	2:32	-0.7	6:49	4:50	
22	Mon	8:19	5.3	8:40	3.9	2:33	-1.0	3:25	-0.7	6:50	4:49	
23	Tue	9:12	5.2	9:32	3.7	3:24	-1.0	4:17	-0.7	6:51	4:49	
24	Wed	10:04	5.0	10:25	3.6	4:16	-0.8	5:10	-0.5	6:52	4:48	
25	Thu	10:56	4.6	11:19	3.4	5:09	-0.6	6:05	-0.3	6:53	4:48	
26	Fri	11:48	4.3			6:06	-0.2	7:00	0.0	6:54	4:48	
27	Sat	12:15	3.3	12:42	3.9	7:05	0.1	7:56	0.2	6:55	4:47	
28	Sun	1:14	3.2	1:39	3.5	8:06	0.4	8:50	0.3	6:56	4:47	
29	Mon	2:17	3.1	2:37	3.3	9:08	0.6	9:41	0.4	6:57	4:47	
30	Tue	3:19	3.2	3:34	3.1	10:10	0.7	10:30	0.4	6:57	4:47	