

Smith Island (Coast Guard Station), VA - Dec 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:14	3.4	4:25	3.1	11:09	0.7	11:15	0.4	6:58	4:46	
2	Thu	5:01	3.6	5:12	3.0			12:02	0.6	6:59	4:46	
3	Fri	5:44	3.8	5:55	3.1			12:48	0.5	7:00	4:46	
4	Sat	6:25	3.9	6:37	3.1	12:40	0.2	1:29	0.4	7:01	4:46	
5	Sun	7:05	4.1	7:18	3.2	1:20	0.1	2:08	0.3	7:02	4:46	
6	Mon	7:46	4.2	8:00	3.2	1:59	0.0	2:47	0.3	7:03	4:46	
7	Tue	8:26	4.3	8:41	3.2	2:38	0.0	3:25	0.2	7:04	4:46	
8	Wed	9:07	4.3	9:22	3.2	3:17	0.0	4:05	0.2	7:05	4:46	
9	Thu	9:47	4.3	10:04	3.2	3:58	0.1	4:46	0.3	7:05	4:46	
10	Fri	10:28	4.2	10:48	3.2	4:40	0.1	5:29	0.3	7:06	4:46	
11	Sat	11:11	4.1	11:34	3.2	5:26	0.2	6:14	0.3	7:07	4:46	
12	Sun	11:56	3.9			6:17	0.3	7:02	0.3	7:08	4:47	
13	Mon	12:25	3.3	12:46	3.8	7:13	0.4	7:52	0.2	7:08	4:47	
14	Tue	1:21	3.4	1:41	3.6	8:14	0.4	8:45	0.1	7:09	4:47	
15	Wed	2:22	3.6	2:41	3.5	9:17	0.4	9:39	-0.1	7:10	4:47	
16	Thu	3:24	3.9	3:43	3.4	10:21	0.2	10:35	-0.4	7:10	4:48	
17	Fri	4:24	4.2	4:42	3.4	11:25	0.0	11:32	-0.6	7:11	4:48	
18	Sat	5:22	4.5	5:40	3.4			12:27	-0.3	7:12	4:48	
19	Sun	6:18	4.7	6:35	3.5	12:28	-0.9	1:25	-0.6	7:12	4:49	
20	Mon	7:11	4.9	7:29	3.5	1:23	-1.1	2:19	-0.7	7:13	4:49	
21	Tue	8:04	4.9	8:22	3.5	2:16	-1.2	3:10	-0.8	7:13	4:50	
22	Wed	8:55	4.8	9:14	3.5	3:07	-1.2	4:00	-0.8	7:14	4:50	
23	Thu	9:45	4.6	10:05	3.4	3:58	-1.1	4:49	-0.7	7:14	4:51	
24	Fri	10:33	4.3	10:55	3.3	4:49	-0.8	5:38	-0.5	7:15	4:51	
25	Sat	11:21	4.0	11:46	3.2	5:42	-0.5	6:27	-0.3	7:15	4:52	
26	Sun			12:08	3.6	6:36	-0.1	7:15	-0.1	7:15	4:53	
27	Mon	12:38	3.1	12:57	3.2	7:32	0.2	8:04	0.1	7:16	4:53	
28	Tue	1:33	3.1	1:49	3.0	8:29	0.5	8:52	0.2	7:16	4:54	
29	Wed	2:30	3.1	2:44	2.8	9:27	0.6	9:39	0.3	7:16	4:55	
30	Thu	3:28	3.1	3:39	2.7	10:25	0.7	10:28	0.3	7:16	4:55	
31	Fri	4:22	3.3	4:31	2.7	11:22	0.7			7:17	4:56	