

Smith Island (Coast Guard Station), VA - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:30	3.2	12:49	3.5	7:19	0.4	7:52	0.2	7:17	4:57	
2	Mon	1:24	3.3	1:42	3.3	8:16	0.5	8:43	0.1	7:17	4:58	
3	Tue	2:23	3.5	2:41	3.2	9:17	0.4	9:37	-0.1	7:17	4:58	
4	Wed	3:24	3.7	3:42	3.2	10:21	0.2	10:34	-0.3	7:17	4:59	
5	Thu	4:24	4.1	4:42	3.3	11:24	0.0	11:31	-0.6	7:17	5:00	
6	Fri	5:22	4.4	5:40	3.4			12:25	-0.3	7:17	5:01	
7	Sat	6:17	4.6	6:36	3.5	12:29	-0.9	1:23	-0.6	7:17	5:02	
8	Sun	7:12	4.8	7:31	3.6	1:24	-1.2	2:17	-0.9	7:17	5:03	
9	Mon	8:05	4.9	8:25	3.7	2:18	-1.4	3:09	-1.1	7:17	5:04	
10	Tue	8:58	4.8	9:18	3.7	3:11	-1.4	4:00	-1.1	7:17	5:05	
11	Wed	9:49	4.7	10:11	3.6	4:04	-1.4	4:50	-1.0	7:17	5:06	
12	Thu	10:38	4.4	11:03	3.6	4:57	-1.1	5:40	-0.9	7:17	5:07	
13	Fri	11:27	4.0	11:55	3.4	5:52	-0.8	6:31	-0.7	7:16	5:07	
14	Sat			12:17	3.6	6:48	-0.4	7:22	-0.4	7:16	5:08	
15	Sun	12:50	3.3	1:09	3.2	7:47	-0.1	8:13	-0.2	7:16	5:09	
16	Mon	1:47	3.2	2:03	2.9	8:47	0.2	9:04	0.0	7:15	5:11	
17	Tue	2:48	3.1	3:01	2.7	9:48	0.4	9:56	0.1	7:15	5:12	
18	Wed	3:48	3.2	3:58	2.6	10:50	0.5	10:47	0.1	7:15	5:13	
19	Thu	4:43	3.3	4:50	2.6	11:48	0.5	11:37	0.1	7:14	5:14	
20	Fri	5:31	3.4	5:38	2.7			12:38	0.4	7:14	5:15	
21	Sat	6:15	3.6	6:23	2.8	12:24	0.0	1:21	0.3	7:13	5:16	
22	Sun	6:56	3.8	7:06	2.9	1:08	-0.2	1:59	0.2	7:13	5:17	
23	Mon	7:37	3.9	7:48	3.1	1:50	-0.3	2:36	0.1	7:12	5:18	
24	Tue	8:17	4.0	8:29	3.2	2:30	-0.4	3:12	0.0	7:12	5:19	
25	Wed	8:56	4.0	9:10	3.3	3:10	-0.4	3:49	-0.1	7:11	5:20	
26	Thu	9:35	4.0	9:51	3.3	3:50	-0.3	4:27	-0.1	7:10	5:21	
27	Fri	10:13	3.9	10:32	3.4	4:31	-0.3	5:06	-0.1	7:10	5:22	
28	Sat	10:53	3.8	11:15	3.4	5:15	-0.1	5:47	-0.1	7:09	5:23	
29	Sun	11:34	3.6			6:03	0.0	6:31	-0.1	7:08	5:24	
30	Mon	12:01	3.5	12:20	3.4	6:55	0.1	7:20	-0.1	7:08	5:25	
31	Tue	12:54	3.5	1:13	3.2	7:53	0.2	8:12	-0.1	7:07	5:27	