

Smith Island (Coast Guard Station), VA - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:03	3.0	6:39	3.9	12:59	0.5	12:48	0.2	5:47	8:27	
2	Sun	6:50	3.0	7:22	4.0	1:51	0.5	1:34	0.2	5:47	8:27	
3	Mon	7:35	3.0	8:04	4.1	2:35	0.4	2:18	0.1	5:48	8:27	
4	Tue	8:17	3.1	8:44	4.2	3:14	0.3	2:59	0.1	5:48	8:27	
5	Wed	9:00	3.2	9:25	4.2	3:51	0.3	3:39	0.1	5:49	8:27	
6	Thu	9:42	3.3	10:05	4.2	4:27	0.3	4:19	0.1	5:49	8:26	
7	Fri	10:23	3.3	10:45	4.2	5:04	0.3	4:59	0.2	5:50	8:26	
8	Sat	11:04	3.3	11:24	4.1	5:42	0.4	5:40	0.4	5:50	8:26	
9	Sun	11:46	3.4			6:21	0.4	6:23	0.5	5:51	8:26	
10	Mon	12:03	4.0	12:28	3.4	7:01	0.5	7:09	0.7	5:52	8:25	
11	Tue	12:44	3.8	1:13	3.5	7:44	0.5	7:59	0.8	5:52	8:25	
12	Wed	1:28	3.7	2:02	3.6	8:28	0.5	8:54	0.9	5:53	8:25	
13	Thu	2:17	3.5	2:56	3.7	9:16	0.5	9:51	0.8	5:53	8:24	
14	Fri	3:12	3.4	3:54	4.0	10:07	0.4	10:52	0.7	5:54	8:24	
15	Sat	4:11	3.4	4:53	4.2	11:02	0.2	11:54	0.5	5:55	8:23	
16	Sun	5:11	3.4	5:51	4.5	11:59	0.0			5:56	8:23	
17	Mon	6:10	3.5	6:47	4.8	12:55	0.2	12:57	-0.3	5:56	8:22	
18	Tue	7:07	3.7	7:42	5.1	1:54	-0.1	1:54	-0.6	5:57	8:22	
19	Wed	8:03	3.8	8:36	5.2	2:49	-0.4	2:50	-0.8	5:58	8:21	
20	Thu	8:58	4.0	9:29	5.2	3:41	-0.6	3:44	-1.0	5:58	8:20	
21	Fri	9:52	4.1	10:21	5.1	4:32	-0.8	4:38	-1.0	5:59	8:20	
22	Sat	10:46	4.1	11:12	4.8	5:22	-0.8	5:32	-0.8	6:00	8:19	
23	Sun	11:39	4.1			6:13	-0.7	6:27	-0.5	6:01	8:18	
24	Mon	12:03	4.5	12:32	4.0	7:04	-0.5	7:25	-0.2	6:01	8:18	
25	Tue	12:53	4.1	1:27	3.9	7:55	-0.3	8:24	0.1	6:02	8:17	
26	Wed	1:45	3.6	2:24	3.8	8:47	0.0	9:26	0.4	6:03	8:16	
27	Thu	2:40	3.3	3:24	3.7	9:39	0.2	10:28	0.7	6:04	8:15	
28	Fri	3:38	3.0	4:25	3.7	10:32	0.3	11:31	0.8	6:05	8:15	
29	Sat	4:38	2.9	5:22	3.7	11:25	0.4			6:05	8:14	
30	Sun	5:33	2.9	6:12	3.8	12:31	0.8	12:17	0.5	6:06	8:13	
31	Mon	6:23	3.0	6:57	4.0	1:24	0.8	1:06	0.4	6:07	8:12	