

Smith Island (Coast Guard Station), VA - Aug 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:08	3.1	7:39	4.1	2:08	0.7	1:52	0.3	6:08	8:11	
2	Wed	7:51	3.2	8:20	4.2	2:47	0.6	2:35	0.3	6:09	8:10	
3	Thu	8:33	3.4	9:00	4.3	3:23	0.5	3:15	0.2	6:10	8:09	
4	Fri	9:15	3.5	9:39	4.3	3:58	0.4	3:55	0.2	6:10	8:08	
5	Sat	9:56	3.6	10:18	4.3	4:34	0.4	4:35	0.2	6:11	8:07	
6	Sun	10:36	3.7	10:56	4.2	5:10	0.3	5:16	0.3	6:12	8:06	
7	Mon	11:17	3.8	11:34	4.1	5:47	0.4	5:58	0.5	6:13	8:05	
8	Tue	11:58	3.8			6:26	0.4	6:43	0.6	6:14	8:04	
9	Wed	12:14	3.9	12:42	3.9	7:08	0.5	7:33	0.7	6:15	8:03	
10	Thu	12:57	3.7	1:30	3.9	7:53	0.5	8:28	0.8	6:15	8:02	
11	Fri	1:46	3.6	2:25	4.0	8:43	0.5	9:27	0.8	6:16	8:00	
12	Sat	2:42	3.4	3:25	4.2	9:38	0.4	10:29	0.8	6:17	7:59	
13	Sun	3:45	3.4	4:29	4.3	10:36	0.3	11:32	0.6	6:18	7:58	
14	Mon	4:49	3.4	5:30	4.6	11:37	0.1			6:19	7:57	
15	Tue	5:51	3.6	6:29	4.8	12:35	0.4	12:38	-0.2	6:20	7:56	
16	Wed	6:49	3.8	7:25	5.0	1:35	0.0	1:38	-0.5	6:20	7:54	
17	Thu	7:46	4.0	8:18	5.1	2:30	-0.3	2:35	-0.7	6:21	7:53	
18	Fri	8:40	4.2	9:10	5.0	3:21	-0.5	3:30	-0.9	6:22	7:52	
19	Sat	9:32	4.4	10:00	4.9	4:09	-0.7	4:22	-0.9	6:23	7:51	
20	Sun	10:24	4.4	10:49	4.6	4:57	-0.7	5:14	-0.7	6:24	7:49	
21	Mon	11:14	4.4	11:37	4.3	5:44	-0.6	6:07	-0.4	6:25	7:48	
22	Tue			12:04	4.3	6:31	-0.3	7:01	-0.1	6:25	7:47	
23	Wed	12:24	3.9	12:55	4.1	7:20	-0.1	7:57	0.3	6:26	7:45	
24	Thu	1:13	3.6	1:47	3.9	8:10	0.2	8:55	0.7	6:27	7:44	
25	Fri	2:05	3.2	2:44	3.8	9:01	0.5	9:54	0.9	6:28	7:43	
26	Sat	3:01	3.0	3:45	3.7	9:55	0.7	10:55	1.1	6:29	7:41	
27	Sun	4:02	2.9	4:45	3.7	10:49	0.8	11:54	1.1	6:30	7:40	
28	Mon	5:01	2.9	5:40	3.8	11:44	0.8			6:30	7:38	
29	Tue	5:54	3.1	6:27	3.9	12:48	1.1	12:36	0.7	6:31	7:37	
30	Wed	6:40	3.3	7:10	4.1	1:33	1.0	1:24	0.6	6:32	7:36	
31	Thu	7:24	3.5	7:51	4.2	2:12	0.8	2:09	0.5	6:33	7:34	