

Smith Island (Coast Guard Station), VA - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:06	4.8	10:30	3.7	4:20	-1.2	5:09	-0.9	7:17	4:57	
2	Tue	10:58	4.6	11:24	3.6	5:15	-1.0	6:03	-0.8	7:17	4:57	
3	Wed	11:51	4.2			6:13	-0.7	6:57	-0.7	7:17	4:58	
4	Thu	12:21	3.5	12:45	3.8	7:14	-0.4	7:52	-0.5	7:17	4:59	
5	Fri	1:22	3.4	1:43	3.4	8:17	-0.1	8:47	-0.4	7:17	5:00	
6	Sat	2:26	3.4	2:44	3.1	9:22	0.1	9:43	-0.3	7:17	5:01	
7	Sun	3:32	3.4	3:45	2.9	10:29	0.2	10:38	-0.2	7:17	5:02	
8	Mon	4:32	3.5	4:42	2.8	11:34	0.2	11:31	-0.2	7:17	5:02	
9	Tue	5:24	3.6	5:33	2.8			12:32	0.1	7:17	5:03	
10	Wed	6:11	3.7	6:19	2.8	12:20	-0.3	1:21	0.1	7:17	5:04	
11	Thu	6:53	3.8	7:02	2.8	1:06	-0.3	2:02	0.0	7:17	5:05	
12	Fri	7:34	3.9	7:44	2.9	1:48	-0.4	2:40	-0.1	7:17	5:06	
13	Sat	8:14	3.9	8:26	3.0	2:28	-0.4	3:16	-0.1	7:16	5:07	
14	Sun	8:54	3.9	9:07	3.0	3:07	-0.4	3:52	-0.1	7:16	5:08	
15	Mon	9:33	3.9	9:47	3.1	3:46	-0.3	4:29	0.0	7:16	5:09	
16	Tue	10:12	3.8	10:28	3.1	4:26	-0.2	5:06	0.1	7:15	5:10	
17	Wed	10:50	3.7	11:09	3.1	5:07	0.0	5:45	0.2	7:15	5:11	
18	Thu	11:29	3.5	11:52	3.1	5:51	0.2	6:26	0.2	7:15	5:12	
19	Fri			12:11	3.3	6:38	0.4	7:09	0.3	7:14	5:13	
20	Sat	12:39	3.1	12:56	3.2	7:29	0.5	7:55	0.3	7:14	5:14	
21	Sun	1:31	3.2	1:48	3.0	8:25	0.6	8:45	0.2	7:13	5:15	
22	Mon	2:28	3.4	2:46	3.0	9:24	0.5	9:38	0.1	7:13	5:17	
23	Tue	3:28	3.6	3:46	3.0	10:26	0.4	10:35	-0.2	7:12	5:18	
24	Wed	4:28	3.9	4:45	3.1	11:28	0.1	11:33	-0.5	7:12	5:19	
25	Thu	5:25	4.2	5:42	3.3			12:28	-0.2	7:11	5:20	
26	Fri	6:20	4.5	6:38	3.5	12:30	-0.8	1:24	-0.5	7:11	5:21	
27	Sat	7:13	4.8	7:32	3.6	1:26	-1.1	2:17	-0.9	7:10	5:22	
28	Sun	8:06	4.9	8:25	3.8	2:20	-1.4	3:07	-1.1	7:09	5:23	
29	Mon	8:58	4.8	9:18	3.9	3:13	-1.5	3:57	-1.2	7:08	5:24	
30	Tue	9:48	4.7	10:11	3.9	4:06	-1.5	4:47	-1.2	7:08	5:25	
31	Wed	10:38	4.4	11:03	3.8	5:00	-1.3	5:37	-1.0	7:07	5:26	