

Smith Island (Coast Guard Station), VA - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:32	3.5	2:03	3.2	8:33	0.7	8:50	1.0	5:47	8:27	
2	Mon	2:19	3.4	2:55	3.3	9:18	0.7	9:43	1.0	5:47	8:27	
3	Tue	3:10	3.3	3:49	3.5	10:04	0.7	10:39	1.0	5:48	8:27	
4	Wed	4:04	3.2	4:43	3.8	10:52	0.6	11:36	0.9	5:48	8:27	
5	Thu	4:58	3.2	5:35	4.1	11:43	0.4			5:49	8:27	
6	Fri	5:51	3.3	6:26	4.4	12:33	0.7	12:35	0.2	5:49	8:26	
7	Sat	6:44	3.5	7:16	4.7	1:28	0.4	1:27	-0.1	5:50	8:26	
8	Sun	7:35	3.6	8:07	4.9	2:21	0.1	2:19	-0.3	5:50	8:26	
9	Mon	8:27	3.7	8:57	5.1	3:12	-0.2	3:10	-0.6	5:51	8:26	
10	Tue	9:19	3.8	9:48	5.1	4:02	-0.4	4:02	-0.7	5:51	8:25	
11	Wed	10:11	3.9	10:39	5.1	4:51	-0.6	4:54	-0.7	5:52	8:25	
12	Thu	11:04	4.0	11:30	4.9	5:42	-0.6	5:48	-0.6	5:53	8:25	
13	Fri	11:58	4.0			6:33	-0.6	6:45	-0.4	5:53	8:24	
14	Sat	12:22	4.6	12:53	4.0	7:26	-0.5	7:45	-0.2	5:54	8:24	
15	Sun	1:15	4.2	1:51	3.9	8:19	-0.3	8:47	0.1	5:55	8:23	
16	Mon	2:11	3.8	2:52	3.9	9:14	-0.2	9:51	0.3	5:55	8:23	
17	Tue	3:10	3.5	3:56	3.9	10:09	-0.1	10:57	0.4	5:56	8:22	
18	Wed	4:13	3.2	4:59	3.9	11:05	0.0			5:57	8:22	
19	Thu	5:13	3.1	5:56	4.0	12:03	0.4	12:00	0.1	5:58	8:21	
20	Fri	6:09	3.0	6:47	4.1	1:05	0.4	12:53	0.1	5:58	8:21	
21	Sat	6:59	3.1	7:33	4.2	1:59	0.3	1:44	0.0	5:59	8:20	
22	Sun	7:45	3.1	8:15	4.2	2:45	0.3	2:30	0.0	6:00	8:19	
23	Mon	8:29	3.2	8:57	4.3	3:25	0.2	3:12	0.0	6:01	8:19	
24	Tue	9:11	3.3	9:37	4.3	4:02	0.2	3:53	0.0	6:01	8:18	
25	Wed	9:53	3.4	10:17	4.2	4:39	0.2	4:33	0.1	6:02	8:17	
26	Thu	10:34	3.4	10:56	4.1	5:15	0.3	5:13	0.2	6:03	8:16	
27	Fri	11:15	3.5	11:35	4.0	5:52	0.4	5:55	0.4	6:04	8:16	
28	Sat	11:57	3.5			6:30	0.5	6:38	0.6	6:04	8:15	
29	Sun	12:14	3.8	12:39	3.5	7:09	0.6	7:24	0.8	6:05	8:14	
30	Mon	12:55	3.6	1:24	3.5	7:51	0.7	8:14	1.0	6:06	8:13	
31	Tue	1:39	3.5	2:13	3.6	8:35	0.7	9:07	1.1	6:07	8:12	