

Smith Island (Coast Guard Station), VA - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:17	4.3	5:41	4.3			12:11	-0.1	6:27	5:06	
2	Fri	6:11	4.6	6:33	4.3	12:36	-0.4	1:09	-0.4	6:28	5:05	
3	Sat	7:01	4.8	7:23	4.2	1:25	-0.6	2:03	-0.6	6:29	5:04	
4	Sun	7:51	5.0	8:12	4.1	2:12	-0.7	2:54	-0.6	6:30	5:03	
5	Mon	8:39	5.0	9:00	3.9	2:58	-0.7	3:43	-0.5	6:31	5:02	
6	Tue	9:27	4.9	9:48	3.7	3:44	-0.5	4:32	-0.3	6:32	5:01	
7	Wed	10:15	4.7	10:36	3.4	4:30	-0.3	5:22	0.0	6:33	5:00	
8	Thu	11:03	4.4	11:24	3.2	5:18	0.0	6:13	0.3	6:34	5:00	
9	Fri	11:51	4.1			6:09	0.3	7:06	0.5	6:35	4:59	
10	Sat	12:15	3.1	12:43	3.8	7:02	0.6	8:00	0.8	6:36	4:58	
11	Sun	1:10	2.9	1:38	3.6	7:58	0.9	8:53	0.9	6:37	4:57	
12	Mon	2:10	2.9	2:35	3.5	8:55	1.0	9:43	0.9	6:38	4:56	
13	Tue	3:10	3.1	3:31	3.4	9:53	1.0	10:30	0.9	6:40	4:55	
14	Wed	4:04	3.3	4:22	3.5	10:48	1.0	11:15	0.7	6:41	4:55	
15	Thu	4:52	3.5	5:08	3.5	11:40	0.8	11:57	0.6	6:42	4:54	
16	Fri	5:36	3.8	5:51	3.6			12:28	0.7	6:43	4:53	
17	Sat	6:18	4.1	6:33	3.6	12:38	0.4	1:12	0.5	6:44	4:52	
18	Sun	6:59	4.3	7:15	3.7	1:18	0.2	1:55	0.3	6:45	4:52	
19	Mon	7:40	4.5	7:57	3.7	1:58	0.1	2:38	0.2	6:46	4:51	
20	Tue	8:22	4.6	8:40	3.7	2:38	0.0	3:21	0.1	6:47	4:51	
21	Wed	9:05	4.7	9:24	3.6	3:19	-0.1	4:05	0.1	6:48	4:50	
22	Thu	9:50	4.7	10:11	3.5	4:03	-0.1	4:52	0.1	6:49	4:50	
23	Fri	10:37	4.6	10:59	3.5	4:50	0.0	5:43	0.2	6:50	4:49	
24	Sat	11:27	4.5	11:52	3.4	5:41	0.1	6:36	0.2	6:51	4:49	
25	Sun			12:20	4.3	6:38	0.2	7:32	0.2	6:52	4:48	
26	Mon	12:51	3.4	1:19	4.1	7:40	0.3	8:30	0.2	6:53	4:48	
27	Tue	1:55	3.4	2:21	3.9	8:45	0.3	9:27	0.0	6:54	4:48	
28	Wed	3:01	3.6	3:24	3.8	9:51	0.2	10:24	-0.1	6:55	4:47	
29	Thu	4:04	3.9	4:24	3.7	10:56	0.1	11:19	-0.3	6:56	4:47	
30	Fri	5:02	4.1	5:20	3.7	11:59	-0.1			6:57	4:47	