

Smith Island (Coast Guard Station), VA - Dec 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:55	4.4	6:12	3.6	12:12	-0.5	12:57	-0.3	6:58	4:46	
2	Sun	6:45	4.6	7:02	3.6	1:02	-0.7	1:51	-0.5	6:59	4:46	
3	Mon	7:33	4.7	7:51	3.5	1:50	-0.8	2:40	-0.5	7:00	4:46	
4	Tue	8:20	4.6	8:38	3.4	2:36	-0.7	3:26	-0.5	7:00	4:46	
5	Wed	9:06	4.5	9:24	3.3	3:21	-0.6	4:12	-0.3	7:01	4:46	
6	Thu	9:51	4.4	10:10	3.2	4:05	-0.4	4:57	-0.2	7:02	4:46	
7	Fri	10:36	4.2	10:56	3.1	4:50	-0.2	5:43	0.1	7:03	4:46	
8	Sat	11:20	3.9	11:43	2.9	5:37	0.1	6:30	0.3	7:04	4:46	
9	Sun			12:06	3.7	6:26	0.4	7:17	0.5	7:05	4:46	
10	Mon	12:32	2.9	12:55	3.4	7:18	0.6	8:04	0.6	7:06	4:46	
11	Tue	1:26	2.9	1:46	3.3	8:12	0.8	8:51	0.6	7:06	4:46	
12	Wed	2:22	3.0	2:39	3.1	9:07	0.9	9:37	0.6	7:07	4:46	
13	Thu	3:18	3.1	3:33	3.1	10:03	0.9	10:24	0.5	7:08	4:47	
14	Fri	4:10	3.4	4:24	3.1	10:58	0.8	11:10	0.4	7:09	4:47	
15	Sat	4:59	3.6	5:12	3.2	11:51	0.6	11:56	0.2	7:09	4:47	
16	Sun	5:44	3.9	5:58	3.3			12:41	0.4	7:10	4:47	
17	Mon	6:29	4.2	6:44	3.4	12:42	0.0	1:28	0.1	7:11	4:48	
18	Tue	7:14	4.4	7:30	3.4	1:27	-0.3	2:15	-0.1	7:11	4:48	
19	Wed	7:59	4.6	8:16	3.5	2:12	-0.5	3:00	-0.3	7:12	4:49	
20	Thu	8:46	4.7	9:04	3.5	2:58	-0.6	3:47	-0.4	7:12	4:49	
21	Fri	9:33	4.7	9:53	3.5	3:45	-0.6	4:35	-0.4	7:13	4:49	
22	Sat	10:21	4.6	10:44	3.5	4:34	-0.6	5:25	-0.4	7:13	4:50	
23	Sun	11:11	4.5	11:37	3.5	5:27	-0.5	6:17	-0.4	7:14	4:50	
24	Mon			12:03	4.2	6:25	-0.3	7:11	-0.3	7:14	4:51	
25	Tue	12:34	3.5	12:58	3.9	7:26	-0.1	8:06	-0.3	7:15	4:52	
26	Wed	1:36	3.5	1:58	3.6	8:30	0.0	9:02	-0.3	7:15	4:52	
27	Thu	2:41	3.6	3:00	3.3	9:36	0.0	9:58	-0.4	7:15	4:53	
28	Fri	3:45	3.7	4:02	3.2	10:42	0.0	10:55	-0.5	7:16	4:53	
29	Sat	4:46	3.9	5:01	3.1	11:47	-0.1	11:50	-0.6	7:16	4:54	
30	Sun	5:40	4.1	5:54	3.1			12:47	-0.2	7:16	4:55	
31	Mon	6:30	4.2	6:44	3.1	12:42	-0.7	1:39	-0.3	7:17	4:56	