

Smith Island (Coast Guard Station), VA - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:18	4.2	7:32	3.1	1:31	-0.7	2:27	-0.4	7:17	4:56	
2	Wed	8:03	4.2	8:17	3.1	2:17	-0.7	3:10	-0.4	7:17	4:57	
3	Thu	8:47	4.2	9:01	3.0	3:00	-0.7	3:52	-0.3	7:17	4:58	
4	Fri	9:29	4.1	9:45	3.0	3:43	-0.6	4:32	-0.2	7:17	4:59	
5	Sat	10:11	3.9	10:28	3.0	4:25	-0.4	5:13	-0.1	7:17	5:00	
6	Sun	10:52	3.8	11:11	2.9	5:08	-0.1	5:54	0.1	7:17	5:00	
7	Mon	11:34	3.5	11:56	2.9	5:53	0.1	6:36	0.2	7:17	5:01	
8	Tue			12:17	3.3	6:41	0.4	7:19	0.4	7:17	5:02	
9	Wed	12:44	2.9	1:03	3.1	7:31	0.6	8:03	0.4	7:17	5:03	
10	Thu	1:36	2.9	1:53	3.0	8:25	0.7	8:49	0.5	7:17	5:04	
11	Fri	2:31	3.0	2:47	2.9	9:20	0.8	9:37	0.4	7:17	5:05	
12	Sat	3:27	3.2	3:42	2.8	10:17	0.7	10:27	0.3	7:17	5:06	
13	Sun	4:20	3.5	4:35	2.9	11:15	0.6	11:19	0.1	7:16	5:07	
14	Mon	5:12	3.8	5:26	3.0			12:10	0.3	7:16	5:08	
15	Tue	6:01	4.1	6:16	3.2	12:10	-0.2	1:03	0.0	7:16	5:09	
16	Wed	6:50	4.4	7:06	3.3	1:01	-0.5	1:53	-0.3	7:16	5:10	
17	Thu	7:39	4.6	7:56	3.5	1:50	-0.8	2:41	-0.5	7:15	5:11	
18	Fri	8:28	4.8	8:46	3.6	2:40	-1.0	3:28	-0.7	7:15	5:12	
19	Sat	9:16	4.8	9:36	3.7	3:29	-1.1	4:16	-0.8	7:14	5:13	
20	Sun	10:05	4.7	10:28	3.7	4:20	-1.1	5:05	-0.9	7:14	5:14	
21	Mon	10:55	4.4	11:21	3.7	5:14	-1.0	5:56	-0.8	7:14	5:15	
22	Tue	11:46	4.1			6:11	-0.7	6:48	-0.7	7:13	5:16	
23	Wed	12:16	3.6	12:39	3.7	7:11	-0.5	7:42	-0.6	7:12	5:17	
24	Thu	1:15	3.6	1:36	3.3	8:14	-0.2	8:38	-0.5	7:12	5:18	
25	Fri	2:19	3.5	2:38	3.0	9:20	0.0	9:35	-0.4	7:11	5:20	
26	Sat	3:25	3.6	3:42	2.8	10:27	0.1	10:33	-0.4	7:11	5:21	
27	Sun	4:29	3.6	4:43	2.7	11:34	0.1	11:31	-0.4	7:10	5:22	
28	Mon	5:27	3.7	5:39	2.7			12:36	0.0	7:09	5:23	
29	Tue	6:17	3.8	6:28	2.8	12:25	-0.5	1:27	-0.1	7:09	5:24	
30	Wed	7:03	3.9	7:13	2.9	1:15	-0.5	2:11	-0.2	7:08	5:25	
31	Thu	7:46	3.9	7:56	3.0	2:00	-0.6	2:50	-0.3	7:07	5:26	