


































Smith Island (Coast Guard Station), VA - Jul 1989

| Date | | High | | | | Low | | | |  |  | |
|------|-----|-------|-----|-------|-----|-------|------|----------|------|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 7:12 | 3.0 | 7:49 | 4.7 | 2:12 | 0.1 | 1:54 | -0.3 | 5:47 | 8:27 |  |
| 2 | Sun | 8:05 | 3.1 | 8:41 | 4.7 | 3:06 | 0.0 | 2:47 | -0.4 | 5:47 | 8:27 |  |
| 3 | Mon | 8:57 | 3.1 | 9:30 | 4.6 | 3:55 | -0.1 | 3:37 | -0.4 | 5:48 | 8:27 |  |
| 4 | Tue | 9:46 | 3.2 | 10:17 | 4.5 | 4:40 | -0.1 | 4:26 | -0.3 | 5:48 | 8:27 |  |
| 5 | Wed | 10:34 | 3.2 | 11:02 | 4.3 | 5:24 | 0.0 | 5:13 | -0.2 | 5:49 | 8:27 |  |
| 6 | Thu | 11:20 | 3.2 | 11:44 | 4.1 | 6:07 | 0.1 | 6:00 | 0.1 | 5:49 | 8:26 |  |
| 7 | Fri | | | 12:05 | 3.3 | 6:48 | 0.3 | 6:48 | 0.3 | 5:50 | 8:26 |  |
| 8 | Sat | 12:26 | 3.8 | 12:50 | 3.3 | 7:29 | 0.4 | 7:38 | 0.6 | 5:51 | 8:26 |  |
| 9 | Sun | 1:08 | 3.5 | 1:37 | 3.3 | 8:09 | 0.6 | 8:30 | 0.9 | 5:51 | 8:26 |  |
| 10 | Mon | 1:52 | 3.2 | 2:27 | 3.3 | 8:50 | 0.7 | 9:24 | 1.0 | 5:52 | 8:25 |  |
| 11 | Tue | 2:40 | 3.0 | 3:20 | 3.4 | 9:33 | 0.8 | 10:19 | 1.2 | 5:52 | 8:25 |  |
| 12 | Wed | 3:32 | 2.8 | 4:15 | 3.5 | 10:18 | 0.8 | 11:15 | 1.2 | 5:53 | 8:24 |  |
| 13 | Thu | 4:27 | 2.7 | 5:08 | 3.7 | 11:06 | 0.8 | | | 5:54 | 8:24 |  |
| 14 | Fri | 5:22 | 2.8 | 6:00 | 3.9 | 12:12 | 1.1 | 11:57 AM | 0.7 | 5:54 | 8:24 |  |
| 15 | Sat | 6:13 | 2.8 | 6:49 | 4.2 | 1:07 | 1.0 | 12:48 | 0.6 | 5:55 | 8:23 |  |
| 16 | Sun | 7:02 | 3.0 | 7:36 | 4.4 | 1:58 | 0.8 | 1:39 | 0.3 | 5:56 | 8:23 |  |
| 17 | Mon | 7:50 | 3.1 | 8:23 | 4.6 | 2:44 | 0.6 | 2:29 | 0.1 | 5:57 | 8:22 |  |
| 18 | Tue | 8:38 | 3.3 | 9:09 | 4.7 | 3:29 | 0.3 | 3:16 | -0.1 | 5:57 | 8:21 |  |
| 19 | Wed | 9:25 | 3.5 | 9:54 | 4.8 | 4:12 | 0.1 | 4:04 | -0.2 | 5:58 | 8:21 |  |
| 20 | Thu | 10:13 | 3.7 | 10:40 | 4.8 | 4:55 | 0.0 | 4:53 | -0.3 | 5:59 | 8:20 |  |
| 21 | Fri | 11:02 | 3.8 | 11:25 | 4.6 | 5:39 | -0.1 | 5:44 | -0.2 | 5:59 | 8:20 |  |
| 22 | Sat | 11:51 | 4.0 | | | 6:24 | -0.2 | 6:38 | -0.1 | 6:00 | 8:19 |  |
| 23 | Sun | 12:12 | 4.3 | 12:42 | 4.1 | 7:10 | -0.2 | 7:36 | 0.1 | 6:01 | 8:18 |  |
| 24 | Mon | 1:00 | 3.9 | 1:36 | 4.1 | 7:59 | -0.1 | 8:37 | 0.3 | 6:02 | 8:17 |  |
| 25 | Tue | 1:53 | 3.6 | 2:35 | 4.2 | 8:50 | 0.0 | 9:41 | 0.5 | 6:03 | 8:17 |  |
| 26 | Wed | 2:51 | 3.2 | 3:39 | 4.2 | 9:45 | 0.1 | 10:49 | 0.6 | 6:03 | 8:16 |  |
| 27 | Thu | 3:55 | 3.0 | 4:45 | 4.3 | 10:42 | 0.1 | 11:58 | 0.6 | 6:04 | 8:15 |  |
| 28 | Fri | 5:00 | 2.9 | 5:48 | 4.3 | 11:43 | 0.1 | | | 6:05 | 8:14 |  |
| 29 | Sat | 6:03 | 2.9 | 6:47 | 4.4 | 1:05 | 0.5 | 12:44 | 0.0 | 6:06 | 8:13 |  |
| 30 | Sun | 7:00 | 3.0 | 7:40 | 4.5 | 2:04 | 0.4 | 1:42 | -0.1 | 6:07 | 8:12 |  |
| 31 | Mon | 7:52 | 3.1 | 8:28 | 4.5 | 2:54 | 0.3 | 2:35 | -0.2 | 6:07 | 8:12 |  |