

































## Smith Island (Coast Guard Station), VA - Dec 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:01	4.3	10:17	3.0	4:06	0.3	5:04	0.5	6:58	4:46	
2	Sat	10:44	4.2	11:02	3.0	4:49	0.3	5:50	0.6	6:59	4:46	
3	Sun	11:29	4.1	11:51	3.0	5:38	0.4	6:39	0.6	7:00	4:46	
4	Mon			12:18	4.0	6:33	0.5	7:28	0.5	7:01	4:46	
5	Tue	12:46	3.1	1:10	3.8	7:33	0.5	8:19	0.4	7:02	4:46	
6	Wed	1:46	3.3	2:08	3.6	8:36	0.5	9:10	0.2	7:03	4:46	
7	Thu	2:48	3.6	3:08	3.5	9:41	0.4	10:03	0.0	7:04	4:46	
8	Fri	3:49	4.0	4:07	3.4	10:47	0.2	10:56	-0.3	7:04	4:46	
9	Sat	4:47	4.3	5:05	3.3	11:51	0.0	11:50	-0.5	7:05	4:46	
10	Sun	5:42	4.6	6:00	3.3			12:51	-0.3	7:06	4:46	
11	Mon	6:36	4.9	6:54	3.3	12:44	-0.7	1:48	-0.4	7:07	4:46	
12	Tue	7:30	5.0	7:47	3.3	1:37	-0.9	2:41	-0.5	7:07	4:47	
13	Wed	8:22	4.9	8:39	3.2	2:29	-1.0	3:32	-0.5	7:08	4:47	
14	Thu	9:14	4.8	9:30	3.2	3:20	-0.9	4:23	-0.4	7:09	4:47	
15	Fri	10:04	4.6	10:21	3.1	4:11	-0.7	5:13	-0.3	7:10	4:47	
16	Sat	10:53	4.3	11:12	3.0	5:03	-0.5	6:03	-0.1	7:10	4:48	
17	Sun	11:41	3.9			5:56	-0.2	6:52	0.1	7:11	4:48	
18	Mon	12:03	3.0	12:29	3.6	6:51	0.2	7:40	0.3	7:11	4:48	
19	Tue	12:57	2.9	1:18	3.2	7:49	0.5	8:26	0.4	7:12	4:49	
20	Wed	1:54	3.0	2:10	2.9	8:47	0.7	9:11	0.5	7:13	4:49	
21	Thu	2:51	3.0	3:04	2.7	9:46	0.8	9:55	0.5	7:13	4:50	
22	Fri	3:46	3.2	3:57	2.6	10:45	0.8	10:41	0.5	7:14	4:50	
23	Sat	4:37	3.4	4:48	2.6	11:41	0.8	11:27	0.4	7:14	4:51	
24	Sun	5:23	3.6	5:35	2.7			12:32	0.7	7:14	4:51	
25	Mon	6:08	3.8	6:19	2.7	12:13	0.3	1:17	0.5	7:15	4:52	
26	Tue	6:52	4.0	7:03	2.8	12:58	0.1	1:59	0.4	7:15	4:53	
27	Wed	7:35	4.1	7:47	2.9	1:41	0.0	2:39	0.3	7:16	4:53	
28	Thu	8:18	4.2	8:30	3.0	2:24	-0.2	3:20	0.2	7:16	4:54	
29	Fri	9:00	4.3	9:13	3.0	3:06	-0.2	4:01	0.1	7:16	4:55	
30	Sat	9:42	4.3	9:58	3.1	3:49	-0.3	4:42	0.0	7:16	4:55	
31	Sun	10:24	4.2	10:41	3.2	4:34	-0.2	5:25	0.0	7:17	4:56	