

































## Smith Island (Coast Guard Station), VA - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:05	4.1	11:28	3.3	5:22	-0.2	6:07	-0.1	7:17	4:57	
2	Tue	11:51	3.8			6:15	-0.1	6:54	-0.1	7:17	4:58	
3	Wed	12:20	3.4	12:40	3.5	7:13	0.1	7:43	-0.1	7:17	4:58	
4	Thu	1:17	3.6	1:35	3.2	8:16	0.2	8:35	-0.2	7:17	4:59	
5	Fri	2:19	3.7	2:36	3.0	9:21	0.2	9:30	-0.3	7:17	5:00	
6	Sat	3:23	3.9	3:40	2.8	10:29	0.2	10:29	-0.4	7:17	5:01	
7	Sun	4:27	4.1	4:43	2.8	11:36	0.0	11:29	-0.5	7:17	5:02	
8	Mon	5:28	4.3	5:43	2.8			12:40	-0.1	7:17	5:03	
9	Tue	6:25	4.4	6:39	2.9	12:28	-0.7	1:38	-0.3	7:17	5:04	
10	Wed	7:19	4.5	7:32	3.0	1:24	-0.9	2:29	-0.5	7:17	5:05	
11	Thu	8:10	4.5	8:23	3.1	2:17	-1.0	3:17	-0.5	7:17	5:06	
12	Fri	8:58	4.4	9:12	3.2	3:07	-1.0	4:01	-0.5	7:16	5:07	
13	Sat	9:43	4.2	9:59	3.2	3:55	-0.9	4:44	-0.5	7:16	5:08	
14	Sun	10:26	3.9	10:44	3.2	4:43	-0.7	5:26	-0.3	7:16	5:09	
15	Mon	11:07	3.6	11:29	3.2	5:31	-0.4	6:07	-0.2	7:16	5:10	
16	Tue	11:49	3.3			6:20	0.0	6:48	0.0	7:15	5:11	
17	Wed	12:15	3.1	12:32	3.0	7:10	0.3	7:30	0.2	7:15	5:12	
18	Thu	1:04	3.1	1:19	2.7	8:03	0.6	8:14	0.3	7:15	5:13	
19	Fri	1:57	3.1	2:11	2.5	8:59	0.8	9:00	0.4	7:14	5:14	
20	Sat	2:55	3.1	3:07	2.4	9:56	0.9	9:51	0.5	7:14	5:15	
21	Sun	3:53	3.2	4:04	2.4	10:56	0.9	10:43	0.4	7:13	5:16	
22	Mon	4:48	3.4	4:57	2.5	11:53	0.8	11:36	0.2	7:13	5:17	
23	Tue	5:38	3.6	5:47	2.6			12:44	0.6	7:12	5:18	
24	Wed	6:25	3.8	6:34	2.8	12:27	0.0	1:29	0.4	7:12	5:19	
25	Thu	7:10	4.1	7:19	3.0	1:15	-0.2	2:11	0.1	7:11	5:20	
26	Fri	7:53	4.2	8:04	3.2	2:01	-0.5	2:52	-0.1	7:10	5:21	
27	Sat	8:35	4.3	8:49	3.4	2:46	-0.6	3:32	-0.3	7:10	5:22	
28	Sun	9:17	4.3	9:34	3.6	3:31	-0.7	4:12	-0.4	7:09	5:23	
29	Mon	10:00	4.2	10:20	3.7	4:18	-0.7	4:54	-0.5	7:08	5:24	
30	Tue	10:43	4.0	11:08	3.8	5:08	-0.6	5:37	-0.5	7:07	5:26	
31	Wed	11:29	3.7	11:58	3.8	6:01	-0.4	6:24	-0.5	7:07	5:27	