

































Smith Island (Coast Guard Station), VA - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:09	3.5	11:39	4.2	5:48	-0.6	5:57	-0.5	6:34	5:57	
2	Fri			12:00	3.2	6:45	-0.3	6:50	-0.4	6:33	5:58	
3	Sat	12:35	4.1	12:56	2.9	7:48	0.1	7:48	-0.2	6:31	5:59	
4	Sun	1:39	3.9	2:00	2.6	8:54	0.3	8:52	-0.1	6:30	6:00	
5	Mon	2:51	3.7	3:12	2.6	10:05	0.4	9:59	0.0	6:28	6:01	
6	Tue	4:04	3.7	4:23	2.6	11:15	0.4	11:07	-0.1	6:27	6:02	
7	Wed	5:10	3.7	5:25	2.8			12:18	0.2	6:26	6:03	
8	Thu	6:05	3.8	6:17	3.1	12:10	-0.2	1:08	0.1	6:24	6:04	
9	Fri	6:51	3.8	7:02	3.3	1:06	-0.4	1:50	-0.1	6:23	6:05	
10	Sat	7:32	3.8	7:44	3.5	1:54	-0.5	2:26	-0.2	6:21	6:06	
11	Sun	8:11	3.8	8:24	3.7	2:37	-0.6	3:01	-0.3	6:20	6:06	
12	Mon	8:48	3.6	9:03	3.8	3:18	-0.5	3:34	-0.2	6:18	6:07	
13	Tue	9:25	3.5	9:41	3.8	3:57	-0.4	4:07	-0.1	6:17	6:08	
14	Wed	10:02	3.3	10:20	3.8	4:37	-0.2	4:42	0.0	6:15	6:09	
15	Thu	10:40	3.1	11:00	3.7	5:17	0.1	5:18	0.2	6:14	6:10	
16	Fri	11:19	2.9	11:43	3.6	6:00	0.4	5:58	0.4	6:13	6:11	
17	Sat			12:01	2.7	6:46	0.7	6:42	0.6	6:11	6:12	
18	Sun	12:30	3.4	12:47	2.6	7:37	0.9	7:32	0.7	6:10	6:13	
19	Mon	1:24	3.3	1:42	2.5	8:32	1.1	8:28	0.8	6:08	6:14	
20	Tue	2:26	3.3	2:44	2.6	9:30	1.1	9:27	0.7	6:07	6:15	
21	Wed	3:28	3.4	3:46	2.7	10:28	1.0	10:28	0.5	6:05	6:16	
22	Thu	4:26	3.6	4:43	3.0	11:23	0.7	11:27	0.2	6:04	6:17	
23	Fri	5:18	3.9	5:35	3.4			12:13	0.4	6:02	6:17	
24	Sat	6:06	4.1	6:24	3.8	12:23	-0.1	1:00	0.0	6:01	6:18	
25	Sun	6:53	4.2	7:12	4.2	1:17	-0.5	1:44	-0.3	5:59	6:19	
26	Mon	7:40	4.2	8:00	4.6	2:08	-0.7	2:27	-0.6	5:58	6:20	
27	Tue	8:27	4.1	8:48	4.8	2:58	-0.9	3:11	-0.7	5:56	6:21	
28	Wed	9:14	4.0	9:37	4.9	3:48	-0.9	3:56	-0.8	5:55	6:22	
29	Thu	10:02	3.7	10:28	4.8	4:40	-0.8	4:43	-0.7	5:53	6:23	
30	Fri	10:52	3.5	11:22	4.6	5:35	-0.5	5:35	-0.5	5:52	6:24	
31	Sat	11:45	3.2			6:33	-0.2	6:31	-0.2	5:50	6:25	