
































Smith Island (Coast Guard Station), VA - Jun 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:33	3.3	4:15	3.3	10:34	0.4	11:08	0.7	5:45	8:17	
2	Sat	4:30	3.1	5:09	3.5	11:21	0.5			5:44	8:18	
3	Sun	5:21	3.0	5:56	3.7	12:09	0.7	12:05	0.5	5:44	8:19	
4	Mon	6:09	2.9	6:38	3.9	1:04	0.7	12:48	0.5	5:44	8:19	
5	Tue	6:52	2.9	7:20	4.0	1:52	0.6	1:30	0.4	5:43	8:20	
6	Wed	7:35	2.9	8:01	4.1	2:34	0.5	2:11	0.4	5:43	8:20	
7	Thu	8:17	3.0	8:42	4.2	3:13	0.5	2:52	0.3	5:43	8:21	
8	Fri	8:59	3.0	9:24	4.3	3:51	0.4	3:32	0.3	5:43	8:21	
9	Sat	9:41	3.0	10:05	4.3	4:29	0.4	4:12	0.3	5:43	8:22	
10	Sun	10:22	3.1	10:46	4.3	5:08	0.5	4:53	0.3	5:43	8:23	
11	Mon	11:04	3.1	11:27	4.2	5:48	0.5	5:35	0.4	5:42	8:23	
12	Tue	11:47	3.1			6:30	0.5	6:20	0.5	5:42	8:23	
13	Wed	12:08	4.1	12:32	3.2	7:13	0.5	7:10	0.6	5:42	8:24	
14	Thu	12:52	4.0	1:20	3.3	7:58	0.5	8:05	0.7	5:42	8:24	
15	Fri	1:39	3.8	2:14	3.5	8:45	0.4	9:05	0.7	5:42	8:25	
16	Sat	2:31	3.6	3:11	3.7	9:33	0.3	10:07	0.6	5:43	8:25	
17	Sun	3:28	3.5	4:11	4.0	10:24	0.2	11:10	0.5	5:43	8:25	
18	Mon	4:29	3.3	5:10	4.4	11:17	0.0			5:43	8:26	
19	Tue	5:29	3.3	6:08	4.7	12:15	0.3	12:13	-0.2	5:43	8:26	
20	Wed	6:27	3.3	7:04	4.9	1:18	0.0	1:10	-0.4	5:43	8:26	
21	Thu	7:24	3.3	8:00	5.1	2:18	-0.2	2:07	-0.6	5:43	8:26	
22	Fri	8:20	3.4	8:55	5.1	3:14	-0.4	3:02	-0.7	5:44	8:27	
23	Sat	9:15	3.4	9:49	5.0	4:07	-0.4	3:56	-0.8	5:44	8:27	
24	Sun	10:09	3.5	10:41	4.9	4:58	-0.4	4:49	-0.7	5:44	8:27	
25	Mon	11:02	3.5	11:31	4.6	5:48	-0.4	5:43	-0.5	5:44	8:27	
26	Tue	11:54	3.5			6:37	-0.2	6:38	-0.2	5:45	8:27	
27	Wed	12:19	4.2	12:46	3.4	7:26	-0.1	7:34	0.1	5:45	8:27	
28	Thu	1:07	3.8	1:39	3.4	8:14	0.1	8:32	0.5	5:45	8:27	
29	Fri	1:56	3.5	2:33	3.4	9:00	0.3	9:31	0.7	5:46	8:27	
30	Sat	2:47	3.1	3:29	3.4	9:46	0.5	10:30	0.9	5:46	8:27	