

































Smith Island (Coast Guard Station), VA - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:40	2.9	4:24	3.5	10:31	0.6	11:30	1.0	5:47	8:27	
2	Mon	4:35	2.7	5:17	3.6	11:17	0.6			5:47	8:27	
3	Tue	5:27	2.7	6:05	3.8	12:27	1.0	12:05	0.6	5:48	8:27	
4	Wed	6:17	2.7	6:51	3.9	1:20	0.9	12:53	0.6	5:48	8:27	
5	Thu	7:03	2.8	7:36	4.1	2:06	0.8	1:40	0.5	5:49	8:27	
6	Fri	7:48	2.9	8:19	4.2	2:47	0.7	2:25	0.3	5:49	8:26	
7	Sat	8:32	3.0	9:01	4.3	3:26	0.6	3:08	0.2	5:50	8:26	
8	Sun	9:15	3.2	9:42	4.4	4:05	0.5	3:50	0.2	5:50	8:26	
9	Mon	9:58	3.3	10:23	4.4	4:43	0.4	4:32	0.1	5:51	8:26	
10	Tue	10:41	3.4	11:03	4.4	5:22	0.3	5:15	0.2	5:52	8:25	
11	Wed	11:24	3.5	11:43	4.2	6:01	0.3	6:02	0.3	5:52	8:25	
12	Thu			12:08	3.6	6:43	0.2	6:52	0.4	5:53	8:25	
13	Fri	12:26	4.0	12:56	3.8	7:26	0.2	7:46	0.5	5:54	8:24	
14	Sat	1:11	3.8	1:47	3.9	8:12	0.2	8:45	0.6	5:54	8:24	
15	Sun	2:02	3.5	2:45	4.0	9:01	0.2	9:48	0.6	5:55	8:23	
16	Mon	3:00	3.3	3:47	4.2	9:54	0.1	10:53	0.6	5:56	8:23	
17	Tue	4:03	3.1	4:50	4.4	10:51	0.0			5:56	8:22	
18	Wed	5:07	3.1	5:53	4.6	12:00	0.5	11:52 AM	-0.1	5:57	8:22	
19	Thu	6:10	3.1	6:52	4.8	1:06	0.3	12:53	-0.3	5:58	8:21	
20	Fri	7:09	3.2	7:48	4.9	2:06	0.1	1:53	-0.5	5:59	8:20	
21	Sat	8:05	3.4	8:42	4.9	3:01	-0.1	2:50	-0.6	5:59	8:20	
22	Sun	8:59	3.5	9:32	4.8	3:50	-0.2	3:43	-0.7	6:00	8:19	
23	Mon	9:50	3.6	10:20	4.6	4:37	-0.3	4:34	-0.6	6:01	8:18	
24	Tue	10:40	3.7	11:05	4.4	5:21	-0.3	5:24	-0.4	6:02	8:18	
25	Wed	11:27	3.7	11:49	4.1	6:04	-0.2	6:14	-0.1	6:02	8:17	
26	Thu			12:14	3.7	6:47	0.0	7:05	0.2	6:03	8:16	
27	Fri	12:31	3.7	1:00	3.7	7:29	0.2	7:58	0.6	6:04	8:15	
28	Sat	1:15	3.3	1:49	3.6	8:12	0.4	8:52	0.9	6:05	8:14	
29	Sun	2:02	3.0	2:41	3.6	8:56	0.6	9:48	1.1	6:06	8:14	
30	Mon	2:53	2.8	3:38	3.5	9:43	0.8	10:46	1.2	6:06	8:13	
31	Tue	3:50	2.7	4:36	3.6	10:33	0.9	11:45	1.3	6:07	8:12	