

































Smith Island (Coast Guard Station), VA - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:48	2.7	5:32	3.7	11:25	0.9			6:08	8:11	
2	Thu	5:42	2.7	6:23	3.9	12:42	1.2	12:19	0.8	6:09	8:10	
3	Fri	6:33	2.9	7:09	4.1	1:33	1.1	1:10	0.6	6:10	8:09	
4	Sat	7:20	3.1	7:53	4.3	2:16	0.9	1:59	0.4	6:10	8:08	
5	Sun	8:04	3.3	8:35	4.5	2:56	0.7	2:44	0.2	6:11	8:07	
6	Mon	8:48	3.5	9:16	4.5	3:34	0.5	3:28	0.1	6:12	8:06	
7	Tue	9:32	3.7	9:56	4.6	4:12	0.3	4:12	0.0	6:13	8:05	
8	Wed	10:15	3.9	10:37	4.5	4:50	0.1	4:57	0.0	6:14	8:04	
9	Thu	10:58	4.1	11:18	4.3	5:29	0.1	5:44	0.1	6:15	8:03	
10	Fri	11:44	4.2			6:10	0.0	6:35	0.2	6:16	8:01	
11	Sat	12:02	4.0	12:32	4.3	6:54	0.1	7:30	0.4	6:16	8:00	
12	Sun	12:48	3.7	1:24	4.3	7:42	0.1	8:30	0.6	6:17	7:59	
13	Mon	1:40	3.4	2:23	4.3	8:34	0.2	9:34	0.7	6:18	7:58	
14	Tue	2:39	3.2	3:28	4.3	9:32	0.3	10:41	0.8	6:19	7:57	
15	Wed	3:46	3.0	4:37	4.4	10:34	0.2	11:50	0.7	6:20	7:56	
16	Thu	4:55	3.0	5:43	4.5	11:39	0.2			6:21	7:54	
17	Fri	6:00	3.1	6:43	4.6	12:56	0.6	12:44	0.0	6:21	7:53	
18	Sat	6:59	3.3	7:37	4.6	1:54	0.3	1:44	-0.2	6:22	7:52	
19	Sun	7:52	3.6	8:26	4.6	2:45	0.1	2:39	-0.3	6:23	7:50	
20	Mon	8:42	3.8	9:11	4.6	3:29	0.0	3:30	-0.4	6:24	7:49	
21	Tue	9:29	3.9	9:54	4.4	4:10	-0.1	4:17	-0.3	6:25	7:48	
22	Wed	10:13	4.0	10:35	4.2	4:49	-0.1	5:03	-0.2	6:26	7:46	
23	Thu	10:56	4.1	11:16	3.9	5:27	0.0	5:48	0.1	6:26	7:45	
24	Fri	11:38	4.0	11:56	3.6	6:04	0.2	6:34	0.4	6:27	7:44	
25	Sat			12:21	4.0	6:43	0.4	7:22	0.7	6:28	7:42	
26	Sun	12:37	3.3	1:07	3.8	7:24	0.7	8:12	1.0	6:29	7:41	
27	Mon	1:21	3.0	1:56	3.7	8:09	0.9	9:06	1.3	6:30	7:40	
28	Tue	2:11	2.8	2:53	3.6	8:58	1.1	10:03	1.5	6:30	7:38	
29	Wed	3:08	2.7	3:54	3.6	9:52	1.1	11:02	1.5	6:31	7:37	
30	Thu	4:09	2.7	4:55	3.8	10:49	1.1			6:32	7:35	
31	Fri	5:09	2.9	5:50	3.9	12:00	1.5	11:46 AM	1.0	6:33	7:34	