





























Smith Island (Coast Guard Station), VA - Jan 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:24	3.3	4:33	2.7	11:23	0.5	11:21	0.1	7:17	4:56	
2	Sun	5:12	3.4	5:20	2.7			12:17	0.4	7:17	4:57	
3	Mon	5:55	3.6	6:04	2.8	12:06	0.0	1:04	0.3	7:17	4:58	
4	Tue	6:37	3.8	6:47	2.8	12:48	0.0	1:45	0.2	7:17	4:59	
5	Wed	7:17	3.9	7:29	2.9	1:29	-0.1	2:23	0.1	7:17	5:00	
6	Thu	7:58	4.0	8:10	3.0	2:09	-0.2	3:00	0.1	7:17	5:01	
7	Fri	8:38	4.1	8:51	3.0	2:48	-0.2	3:38	0.1	7:17	5:01	
8	Sat	9:18	4.1	9:32	3.0	3:28	-0.2	4:16	0.1	7:17	5:02	
9	Sun	9:58	4.0	10:13	3.0	4:08	-0.2	4:55	0.1	7:17	5:03	
10	Mon	10:38	4.0	10:55	3.0	4:49	-0.1	5:36	0.1	7:17	5:04	
11	Tue	11:18	3.8	11:40	3.1	5:34	0.1	6:19	0.2	7:17	5:05	
12	Wed			12:01	3.7	6:24	0.2	7:05	0.1	7:17	5:06	
13	Thu	12:29	3.2	12:49	3.5	7:19	0.3	7:53	0.1	7:16	5:07	
14	Fri	1:24	3.3	1:43	3.3	8:18	0.3	8:44	0.0	7:16	5:08	
15	Sat	2:24	3.5	2:43	3.2	9:21	0.3	9:39	-0.2	7:16	5:09	
16	Sun	3:26	3.7	3:45	3.1	10:25	0.1	10:36	-0.4	7:15	5:10	
17	Mon	4:27	4.0	4:46	3.1	11:30	-0.1	11:34	-0.6	7:15	5:11	
18	Tue	5:26	4.3	5:45	3.2			12:33	-0.4	7:15	5:12	
19	Wed	6:23	4.6	6:41	3.3	12:32	-0.9	1:31	-0.6	7:14	5:13	
20	Thu	7:18	4.7	7:36	3.4	1:28	-1.2	2:25	-0.9	7:14	5:14	
21	Fri	8:11	4.8	8:30	3.5	2:22	-1.3	3:16	-1.0	7:13	5:15	
22	Sat	9:03	4.7	9:22	3.5	3:15	-1.4	4:06	-1.0	7:13	5:16	
23	Sun	9:53	4.5	10:13	3.5	4:07	-1.3	4:55	-0.9	7:12	5:17	
24	Mon	10:41	4.2	11:03	3.4	4:59	-1.0	5:43	-0.7	7:12	5:19	
25	Tue	11:29	3.9	11:54	3.3	5:52	-0.7	6:32	-0.5	7:11	5:20	
26	Wed			12:16	3.5	6:47	-0.3	7:20	-0.3	7:11	5:21	
27	Thu	12:46	3.2	1:06	3.1	7:44	0.0	8:09	-0.1	7:10	5:22	
28	Fri	1:42	3.1	1:59	2.8	8:42	0.3	8:57	0.1	7:09	5:23	
29	Sat	2:40	3.1	2:55	2.6	9:42	0.5	9:47	0.2	7:08	5:24	
30	Sun	3:39	3.1	3:52	2.5	10:43	0.6	10:38	0.3	7:08	5:25	
31	Mon	4:34	3.2	4:45	2.5	11:41	0.6	11:28	0.2	7:07	5:26	