

































## Smith Island (Coast Guard Station), VA - Jul 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:47	3.4	8:22	5.2	2:40	-0.2	2:29	-0.6	5:47	8:27	
2	Fri	8:43	3.4	9:17	5.2	3:35	-0.4	3:24	-0.8	5:48	8:27	
3	Sat	9:38	3.5	10:12	5.1	4:28	-0.5	4:18	-0.8	5:48	8:27	
4	Sun	10:33	3.5	11:04	4.9	5:20	-0.5	5:13	-0.7	5:49	8:27	
5	Mon	11:27	3.5	11:56	4.6	6:12	-0.4	6:09	-0.5	5:49	8:27	
6	Tue			12:21	3.5	7:04	-0.2	7:07	-0.2	5:50	8:26	
7	Wed	12:47	4.2	1:16	3.5	7:55	-0.1	8:07	0.2	5:50	8:26	
8	Thu	1:38	3.8	2:13	3.5	8:45	0.1	9:08	0.4	5:51	8:26	
9	Fri	2:30	3.4	3:11	3.5	9:33	0.3	10:10	0.7	5:51	8:25	
10	Sat	3:25	3.1	4:10	3.6	10:20	0.4	11:13	0.8	5:52	8:25	
11	Sun	4:22	2.9	5:05	3.6	11:08	0.5			5:53	8:25	
12	Mon	5:16	2.7	5:54	3.8	12:14	0.9	11:55 AM	0.6	5:53	8:24	
13	Tue	6:06	2.7	6:40	3.9	1:11	0.8	12:43	0.6	5:54	8:24	
14	Wed	6:53	2.8	7:24	4.0	1:59	0.8	1:29	0.5	5:55	8:23	
15	Thu	7:37	2.9	8:07	4.1	2:41	0.7	2:14	0.4	5:55	8:23	
16	Fri	8:20	3.0	8:49	4.2	3:19	0.6	2:56	0.3	5:56	8:22	
17	Sat	9:02	3.1	9:30	4.3	3:56	0.6	3:37	0.3	5:57	8:22	
18	Sun	9:44	3.2	10:10	4.3	4:33	0.5	4:18	0.3	5:58	8:21	
19	Mon	10:26	3.2	10:50	4.3	5:10	0.5	4:59	0.3	5:58	8:21	
20	Tue	11:07	3.3	11:28	4.2	5:48	0.5	5:41	0.4	5:59	8:20	
21	Wed	11:49	3.4			6:26	0.5	6:27	0.5	6:00	8:19	
22	Thu	12:08	4.1	12:32	3.5	7:07	0.5	7:17	0.6	6:01	8:19	
23	Fri	12:49	3.9	1:19	3.7	7:49	0.5	8:11	0.7	6:01	8:18	
24	Sat	1:35	3.6	2:11	3.8	8:34	0.4	9:10	0.7	6:02	8:17	
25	Sun	2:27	3.4	3:09	4.0	9:23	0.4	10:13	0.7	6:03	8:16	
26	Mon	3:26	3.2	4:11	4.2	10:17	0.3	11:18	0.6	6:04	8:16	
27	Tue	4:29	3.1	5:14	4.5	11:15	0.1			6:04	8:15	
28	Wed	5:32	3.1	6:15	4.7	12:24	0.5	12:15	-0.1	6:05	8:14	
29	Thu	6:33	3.2	7:13	4.9	1:28	0.3	1:16	-0.3	6:06	8:13	
30	Fri	7:31	3.4	8:09	5.0	2:26	0.0	2:15	-0.5	6:07	8:12	
31	Sat	8:27	3.5	9:03	5.1	3:20	-0.2	3:11	-0.7	6:08	8:11	