































Smith Island (Coast Guard Station), VA - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:07	2.9	4:55	3.8	10:55	0.2			5:47	8:27	
2	Thu	5:05	2.8	5:49	3.9	12:04	0.7	11:47 AM	0.3	5:47	8:27	
3	Fri	5:59	2.7	6:38	4.0	1:05	0.7	12:38	0.3	5:48	8:27	
4	Sat	6:48	2.7	7:22	4.0	1:58	0.6	1:26	0.3	5:48	8:27	
5	Sun	7:33	2.8	8:05	4.1	2:42	0.6	2:12	0.3	5:49	8:27	
6	Mon	8:16	2.9	8:47	4.2	3:20	0.5	2:55	0.2	5:50	8:26	
7	Tue	8:58	3.0	9:27	4.2	3:56	0.5	3:36	0.2	5:50	8:26	
8	Wed	9:40	3.1	10:07	4.2	4:32	0.5	4:16	0.2	5:51	8:26	
9	Thu	10:22	3.2	10:45	4.2	5:07	0.5	4:56	0.3	5:51	8:26	
10	Fri	11:03	3.3	11:23	4.0	5:43	0.5	5:37	0.4	5:52	8:25	
11	Sat	11:43	3.3			6:19	0.5	6:20	0.6	5:53	8:25	
12	Sun	12:01	3.9	12:24	3.4	6:57	0.5	7:06	0.7	5:53	8:24	
13	Mon	12:39	3.7	1:08	3.5	7:36	0.6	7:57	0.8	5:54	8:24	
14	Tue	1:21	3.5	1:56	3.6	8:18	0.6	8:52	0.9	5:55	8:24	
15	Wed	2:08	3.3	2:49	3.8	9:04	0.5	9:50	0.9	5:55	8:23	
16	Thu	3:03	3.1	3:48	4.0	9:55	0.5	10:52	0.9	5:56	8:23	
17	Fri	4:04	3.1	4:50	4.3	10:50	0.3	11:56	0.7	5:57	8:22	
18	Sat	5:06	3.1	5:50	4.6	11:49	0.1			5:57	8:21	
19	Sun	6:07	3.2	6:48	4.8	12:59	0.4	12:50	-0.2	5:58	8:21	
20	Mon	7:05	3.4	7:44	5.0	1:59	0.2	1:50	-0.5	5:59	8:20	
21	Tue	8:02	3.6	8:39	5.1	2:54	-0.1	2:47	-0.7	6:00	8:20	
22	Wed	8:58	3.8	9:32	5.1	3:45	-0.4	3:43	-0.9	6:00	8:19	
23	Thu	9:52	3.9	10:23	5.0	4:35	-0.5	4:37	-0.9	6:01	8:18	
24	Fri	10:45	4.1	11:12	4.7	5:23	-0.6	5:31	-0.7	6:02	8:17	
25	Sat	11:38	4.1			6:10	-0.5	6:27	-0.4	6:03	8:17	
26	Sun	12:00	4.3	12:30	4.1	6:58	-0.4	7:25	-0.1	6:04	8:16	
27	Mon	12:49	3.9	1:23	4.0	7:47	-0.2	8:25	0.3	6:04	8:15	
28	Tue	1:39	3.4	2:19	3.9	8:36	0.1	9:27	0.6	6:05	8:14	
29	Wed	2:33	3.0	3:19	3.8	9:27	0.3	10:31	0.8	6:06	8:13	
30	Thu	3:31	2.8	4:21	3.7	10:20	0.5	11:37	1.0	6:07	8:12	
31	Fri	4:32	2.7	5:21	3.8	11:14	0.6			6:08	8:11	