

































## Smith Island (Coast Guard Station), VA - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:23	4.9	8:41	3.5	2:32	-1.1	3:27	-0.7	7:17	4:57	
2	Sat	9:14	4.9	9:34	3.6	3:24	-1.2	4:17	-0.8	7:17	4:58	
3	Sun	10:05	4.7	10:27	3.7	4:18	-1.1	5:06	-0.8	7:17	4:58	
4	Mon	10:55	4.4	11:21	3.7	5:13	-1.0	5:57	-0.8	7:17	4:59	
5	Tue	11:45	4.0			6:11	-0.7	6:48	-0.6	7:17	5:00	
6	Wed	12:17	3.6	12:38	3.6	7:12	-0.3	7:40	-0.5	7:17	5:01	
7	Thu	1:16	3.6	1:33	3.1	8:16	0.0	8:33	-0.3	7:17	5:02	
8	Fri	2:19	3.5	2:33	2.8	9:22	0.2	9:28	-0.2	7:17	5:03	
9	Sat	3:24	3.5	3:36	2.6	10:30	0.3	10:23	-0.1	7:17	5:04	
10	Sun	4:26	3.6	4:35	2.5	11:37	0.4	11:19	-0.1	7:17	5:05	
11	Mon	5:22	3.6	5:29	2.5			12:37	0.3	7:17	5:06	
12	Tue	6:11	3.7	6:16	2.6	12:12	-0.2	1:26	0.2	7:16	5:07	
13	Wed	6:55	3.8	7:00	2.7	1:01	-0.2	2:07	0.2	7:16	5:08	
14	Thu	7:36	3.8	7:42	2.8	1:45	-0.3	2:43	0.1	7:16	5:09	
15	Fri	8:15	3.9	8:23	2.9	2:26	-0.4	3:17	0.1	7:16	5:10	
16	Sat	8:54	3.9	9:04	3.0	3:05	-0.4	3:51	0.0	7:15	5:11	
17	Sun	9:31	3.8	9:44	3.1	3:44	-0.3	4:26	0.1	7:15	5:12	
18	Mon	10:08	3.7	10:24	3.1	4:24	-0.2	5:01	0.1	7:14	5:13	
19	Tue	10:45	3.6	11:04	3.2	5:04	0.0	5:37	0.2	7:14	5:14	
20	Wed	11:22	3.4	11:45	3.2	5:48	0.2	6:15	0.2	7:14	5:15	
21	Thu			12:02	3.1	6:34	0.4	6:55	0.3	7:13	5:16	
22	Fri	12:31	3.2	12:45	2.9	7:26	0.5	7:40	0.3	7:13	5:17	
23	Sat	1:22	3.3	1:37	2.8	8:22	0.6	8:30	0.3	7:12	5:18	
24	Sun	2:20	3.4	2:36	2.7	9:23	0.6	9:25	0.1	7:11	5:19	
25	Mon	3:23	3.6	3:39	2.7	10:26	0.5	10:25	-0.1	7:11	5:20	
26	Tue	4:25	3.9	4:41	2.8	11:30	0.3	11:26	-0.4	7:10	5:21	
27	Wed	5:24	4.2	5:39	3.0			12:30	0.0	7:09	5:22	
28	Thu	6:20	4.5	6:36	3.3	12:26	-0.7	1:26	-0.4	7:09	5:23	
29	Fri	7:14	4.7	7:30	3.5	1:23	-1.1	2:17	-0.7	7:08	5:25	
30	Sat	8:06	4.8	8:23	3.8	2:18	-1.3	3:06	-1.0	7:07	5:26	
31	Sun	8:56	4.7	9:16	3.9	3:11	-1.5	3:53	-1.1	7:06	5:27	