

































Smith Island (Coast Guard Station), VA - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:34	4.4	8:55	4.4	2:58	-1.4	3:25	-1.1	6:34	5:57	
2	Tue	9:22	4.2	9:45	4.4	3:50	-1.3	4:11	-1.1	6:32	5:58	
3	Wed	10:09	3.9	10:34	4.3	4:42	-1.1	4:56	-0.9	6:31	5:59	
4	Thu	10:56	3.5	11:23	4.1	5:34	-0.7	5:43	-0.6	6:30	6:00	
5	Fri	11:43	3.1			6:29	-0.3	6:33	-0.3	6:28	6:01	
6	Sat	12:15	3.8	12:34	2.8	7:26	0.1	7:26	0.0	6:27	6:02	
7	Sun	1:11	3.5	1:29	2.6	8:27	0.5	8:23	0.3	6:25	6:03	
8	Mon	2:15	3.3	2:32	2.4	9:31	0.7	9:23	0.4	6:24	6:04	
9	Tue	3:24	3.2	3:38	2.4	10:37	0.8	10:24	0.4	6:23	6:05	
10	Wed	4:28	3.2	4:37	2.6	11:37	0.8	11:23	0.4	6:21	6:06	
11	Thu	5:20	3.3	5:27	2.8			12:25	0.7	6:20	6:07	
12	Fri	6:03	3.5	6:11	3.0	12:15	0.2	1:02	0.5	6:18	6:08	
13	Sat	6:42	3.6	6:51	3.3	1:01	0.1	1:36	0.4	6:17	6:08	
14	Sun	8:19	3.7	8:31	3.5	1:42	-0.1	3:08	0.2	7:15	7:09	
15	Mon	8:56	3.7	9:09	3.7	3:22	-0.2	3:41	0.1	7:14	7:10	
16	Tue	9:33	3.7	9:47	3.9	4:00	-0.2	4:15	0.0	7:12	7:11	
17	Wed	10:10	3.6	10:26	4.0	4:39	-0.2	4:49	0.0	7:11	7:12	
18	Thu	10:47	3.5	11:05	4.0	5:19	-0.1	5:25	0.1	7:09	7:13	
19	Fri	11:26	3.3	11:46	4.0	6:01	0.1	6:04	0.2	7:08	7:14	
20	Sat			12:06	3.2	6:47	0.2	6:47	0.2	7:06	7:15	
21	Sun	12:32	4.0	12:51	3.0	7:39	0.4	7:37	0.3	7:05	7:16	
22	Mon	1:24	3.9	1:44	2.9	8:36	0.6	8:35	0.3	7:03	7:17	
23	Tue	2:24	3.9	2:47	2.8	9:37	0.6	9:38	0.3	7:02	7:18	
24	Wed	3:31	3.9	3:56	2.9	10:40	0.5	10:45	0.1	7:00	7:18	
25	Thu	4:38	3.9	5:03	3.2	11:42	0.3	11:51	-0.1	6:59	7:19	
26	Fri	5:41	4.1	6:05	3.5			12:41	0.0	6:57	7:20	
27	Sat	6:38	4.2	7:01	3.9	12:56	-0.4	1:35	-0.3	6:56	7:21	
28	Sun	7:31	4.2	7:53	4.3	1:56	-0.7	2:25	-0.6	6:54	7:22	
29	Mon	8:22	4.2	8:44	4.5	2:52	-1.0	3:11	-0.8	6:53	7:23	
30	Tue	9:10	4.0	9:33	4.7	3:44	-1.1	3:56	-0.9	6:51	7:24	
31	Wed	9:58	3.9	10:21	4.7	4:35	-1.0	4:41	-0.8	6:50	7:25	