































Smith Island (Coast Guard Station), VA - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:46	3.4	1:15	3.7	7:36	0.7	8:10	1.0	6:08	8:11	
2	Mon	1:28	3.2	2:04	3.7	8:19	0.8	9:04	1.2	6:09	8:10	
3	Tue	2:16	3.1	2:58	3.8	9:07	0.8	10:01	1.2	6:10	8:09	
4	Wed	3:12	3.0	3:58	3.9	10:00	0.7	11:02	1.1	6:11	8:08	
5	Thu	4:13	3.0	4:59	4.2	10:57	0.6			6:12	8:07	
6	Fri	5:15	3.1	5:57	4.5	12:04	1.0	11:57 AM	0.3	6:12	8:06	
7	Sat	6:13	3.3	6:53	4.7	1:03	0.7	12:57	0.0	6:13	8:05	
8	Sun	7:09	3.6	7:45	5.0	1:59	0.3	1:55	-0.3	6:14	8:04	
9	Mon	8:03	3.9	8:37	5.1	2:50	-0.1	2:50	-0.6	6:15	8:02	
10	Tue	8:56	4.2	9:27	5.1	3:38	-0.4	3:44	-0.8	6:16	8:01	
11	Wed	9:49	4.4	10:16	4.9	4:24	-0.6	4:37	-0.8	6:17	8:00	
12	Thu	10:41	4.6	11:05	4.6	5:11	-0.7	5:31	-0.7	6:17	7:59	
13	Fri	11:33	4.6	11:54	4.2	5:58	-0.6	6:27	-0.4	6:18	7:58	
14	Sat			12:25	4.5	6:47	-0.4	7:26	-0.1	6:19	7:57	
15	Sun	12:44	3.8	1:20	4.4	7:38	-0.2	8:27	0.3	6:20	7:55	
16	Mon	1:37	3.4	2:19	4.2	8:31	0.1	9:31	0.6	6:21	7:54	
17	Tue	2:35	3.1	3:24	4.0	9:28	0.3	10:39	0.8	6:22	7:53	
18	Wed	3:40	2.8	4:33	3.9	10:28	0.5	11:49	0.9	6:22	7:52	
19	Thu	4:47	2.8	5:37	3.9	11:28	0.5			6:23	7:50	
20	Fri	5:48	2.8	6:30	4.0	12:53	0.9	12:28	0.5	6:24	7:49	
21	Sat	6:39	3.0	7:15	4.0	1:45	0.8	1:21	0.4	6:25	7:48	
22	Sun	7:23	3.2	7:54	4.1	2:25	0.7	2:08	0.3	6:26	7:46	
23	Mon	8:04	3.4	8:31	4.2	2:59	0.6	2:50	0.3	6:27	7:45	
24	Tue	8:43	3.6	9:08	4.2	3:30	0.5	3:30	0.2	6:27	7:44	
25	Wed	9:22	3.8	9:45	4.1	4:02	0.5	4:08	0.3	6:28	7:42	
26	Thu	10:01	3.9	10:21	4.0	4:34	0.4	4:46	0.4	6:29	7:41	
27	Fri	10:39	4.0	10:57	3.9	5:06	0.5	5:26	0.5	6:30	7:39	
28	Sat	11:18	4.0	11:34	3.7	5:41	0.6	6:07	0.7	6:31	7:38	
29	Sun	11:57	4.0			6:17	0.7	6:51	0.9	6:31	7:37	
30	Mon	12:12	3.5	12:40	4.0	6:56	0.8	7:40	1.1	6:32	7:35	
31	Tue	12:53	3.3	1:28	4.0	7:40	0.9	8:34	1.2	6:33	7:34	