

































## Smith Island (Coast Guard Station), VA - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:02	4.6	6:19	3.0	12:06	-0.7	1:15	-0.3	7:17	4:57	
2	Fri	6:58	4.7	7:15	3.1	1:03	-0.9	2:10	-0.5	7:17	4:58	
3	Sat	7:53	4.8	8:09	3.2	1:59	-1.1	3:02	-0.6	7:17	4:59	
4	Sun	8:46	4.7	9:02	3.2	2:52	-1.2	3:52	-0.7	7:17	4:59	
5	Mon	9:36	4.6	9:53	3.3	3:44	-1.1	4:40	-0.6	7:17	5:00	
6	Tue	10:24	4.3	10:44	3.2	4:36	-0.9	5:28	-0.5	7:17	5:01	
7	Wed	11:11	4.0	11:34	3.2	5:29	-0.6	6:15	-0.3	7:17	5:02	
8	Thu	11:56	3.6			6:23	-0.2	7:00	-0.2	7:17	5:03	
9	Fri	12:24	3.2	12:43	3.2	7:19	0.1	7:46	0.0	7:17	5:04	
10	Sat	1:17	3.1	1:32	2.8	8:16	0.4	8:31	0.2	7:17	5:05	
11	Sun	2:12	3.1	2:25	2.6	9:15	0.6	9:17	0.3	7:17	5:06	
12	Mon	3:10	3.1	3:21	2.4	10:15	0.7	10:06	0.4	7:16	5:07	
13	Tue	4:06	3.2	4:16	2.4	11:15	0.8	10:56	0.4	7:16	5:08	
14	Wed	4:59	3.4	5:07	2.4			12:11	0.7	7:16	5:09	
15	Thu	5:47	3.6	5:55	2.5			12:59	0.6	7:16	5:10	
16	Fri	6:33	3.7	6:40	2.7	12:35	0.1	1:41	0.5	7:15	5:11	
17	Sat	7:16	3.9	7:23	2.8	1:20	-0.1	2:20	0.3	7:15	5:12	
18	Sun	7:57	4.0	8:06	2.9	2:03	-0.2	2:58	0.2	7:14	5:13	
19	Mon	8:38	4.1	8:48	3.0	2:45	-0.4	3:35	0.0	7:14	5:14	
20	Tue	9:17	4.1	9:30	3.2	3:26	-0.4	4:13	-0.1	7:13	5:15	
21	Wed	9:56	4.1	10:13	3.3	4:09	-0.4	4:51	-0.1	7:13	5:16	
22	Thu	10:36	3.9	10:56	3.4	4:54	-0.3	5:31	-0.2	7:12	5:17	
23	Fri	11:17	3.7	11:43	3.5	5:43	-0.2	6:14	-0.2	7:12	5:18	
24	Sat			12:02	3.4	6:37	0.0	7:00	-0.2	7:11	5:19	
25	Sun	12:35	3.6	12:52	3.1	7:36	0.1	7:50	-0.1	7:11	5:20	
26	Mon	1:32	3.7	1:50	2.9	8:39	0.2	8:45	-0.2	7:10	5:21	
27	Tue	2:37	3.8	2:55	2.7	9:46	0.3	9:45	-0.2	7:09	5:22	
28	Wed	3:45	3.9	4:02	2.6	10:55	0.2	10:48	-0.4	7:09	5:24	
29	Thu	4:51	4.1	5:07	2.7			12:03	0.0	7:08	5:25	
30	Fri	5:52	4.2	6:07	2.9			1:05	-0.2	7:07	5:26	
31	Sat	6:49	4.4	7:02	3.0	12:53	-0.8	1:58	-0.4	7:06	5:27	