

































Smith Island (Coast Guard Station), VA - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:37	4.1	6:50	3.2	12:45	-0.6	1:40	-0.2	6:34	5:57	
2	Mon	7:25	4.1	7:38	3.5	1:40	-0.8	2:23	-0.4	6:32	5:58	
3	Tue	8:09	4.0	8:23	3.7	2:29	-0.9	3:02	-0.5	6:31	5:59	
4	Wed	8:50	3.9	9:05	3.8	3:15	-0.8	3:40	-0.5	6:29	6:00	
5	Thu	9:29	3.7	9:46	3.8	3:58	-0.7	4:16	-0.4	6:28	6:01	
6	Fri	10:08	3.5	10:27	3.8	4:41	-0.5	4:52	-0.2	6:27	6:02	
7	Sat	10:47	3.2	11:08	3.7	5:25	-0.2	5:30	0.0	6:25	6:03	
8	Sun			12:27	2.9	7:10	0.2	7:10	0.3	7:24	7:04	
9	Mon	12:51	3.5	1:09	2.7	7:57	0.5	7:54	0.5	7:22	7:05	
10	Tue	1:39	3.4	1:57	2.5	8:48	0.8	8:43	0.7	7:21	7:06	
11	Wed	2:35	3.2	2:52	2.4	9:44	1.0	9:38	0.8	7:19	7:07	
12	Thu	3:37	3.2	3:54	2.4	10:43	1.1	10:36	0.7	7:18	7:08	
13	Fri	4:41	3.3	4:56	2.5	11:43	1.1	11:35	0.6	7:17	7:09	
14	Sat	5:39	3.4	5:51	2.7			12:38	0.9	7:15	7:09	
15	Sun	6:29	3.7	6:41	3.1	12:32	0.4	1:26	0.7	7:14	7:10	
16	Mon	7:14	3.9	7:27	3.4	1:25	0.1	2:08	0.3	7:12	7:11	
17	Tue	7:57	4.0	8:11	3.8	2:15	-0.2	2:48	0.0	7:11	7:12	
18	Wed	8:39	4.1	8:55	4.1	3:02	-0.5	3:27	-0.2	7:09	7:13	
19	Thu	9:22	4.1	9:40	4.4	3:48	-0.6	4:07	-0.4	7:08	7:14	
20	Fri	10:05	4.0	10:25	4.5	4:35	-0.7	4:48	-0.5	7:06	7:15	
21	Sat	10:49	3.8	11:12	4.6	5:24	-0.7	5:31	-0.5	7:05	7:16	
22	Sun	11:36	3.5			6:15	-0.5	6:17	-0.4	7:03	7:17	
23	Mon	12:02	4.5	12:25	3.3	7:10	-0.2	7:09	-0.2	7:02	7:18	
24	Tue	12:56	4.3	1:19	3.0	8:10	0.1	8:07	0.0	7:00	7:19	
25	Wed	1:57	4.1	2:21	2.8	9:15	0.3	9:11	0.1	6:59	7:19	
26	Thu	3:06	3.9	3:31	2.7	10:23	0.5	10:19	0.2	6:57	7:20	
27	Fri	4:19	3.8	4:45	2.8	11:31	0.5	11:29	0.1	6:56	7:21	
28	Sat	5:29	3.8	5:51	3.0			12:35	0.3	6:54	7:22	
29	Sun	6:28	3.8	6:47	3.3	12:36	0.0	1:28	0.1	6:53	7:23	
30	Mon	7:17	3.8	7:34	3.6	1:36	-0.2	2:13	0.0	6:51	7:24	
31	Tue	8:01	3.8	8:17	3.8	2:29	-0.4	2:52	-0.2	6:50	7:25	