



























## Smith Island (Coast Guard Station), VA - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:14	4.0	4:32	3.2	11:14	0.0	11:21	-0.5	7:17	4:57	
2	Tue	5:12	4.3	5:30	3.2			12:17	-0.3	7:17	4:58	
3	Wed	6:08	4.6	6:26	3.3	12:18	-0.8	1:17	-0.5	7:17	4:59	
4	Thu	7:03	4.8	7:21	3.3	1:13	-1.0	2:12	-0.7	7:17	5:00	
5	Fri	7:56	4.8	8:14	3.3	2:06	-1.2	3:05	-0.8	7:17	5:01	
6	Sat	8:49	4.8	9:07	3.3	2:58	-1.2	3:55	-0.8	7:17	5:01	
7	Sun	9:40	4.6	9:58	3.2	3:49	-1.1	4:45	-0.7	7:17	5:02	
8	Mon	10:29	4.3	10:49	3.2	4:41	-0.9	5:34	-0.6	7:17	5:03	
9	Tue	11:17	4.0	11:39	3.1	5:33	-0.6	6:24	-0.4	7:17	5:04	
10	Wed			12:04	3.6	6:28	-0.3	7:12	-0.2	7:17	5:05	
11	Thu	12:31	3.0	12:53	3.3	7:24	0.0	8:00	0.0	7:16	5:06	
12	Fri	1:26	3.0	1:44	3.0	8:21	0.3	8:47	0.2	7:16	5:07	
13	Sat	2:23	3.0	2:38	2.7	9:20	0.5	9:34	0.3	7:16	5:08	
14	Sun	3:21	3.1	3:33	2.6	10:19	0.6	10:21	0.3	7:16	5:09	
15	Mon	4:15	3.2	4:26	2.5	11:17	0.6	11:09	0.3	7:15	5:10	
16	Tue	5:05	3.4	5:15	2.6			12:11	0.6	7:15	5:11	
17	Wed	5:51	3.6	6:01	2.7			12:58	0.4	7:15	5:12	
18	Thu	6:35	3.8	6:46	2.8	12:42	0.0	1:40	0.3	7:14	5:13	
19	Fri	7:18	3.9	7:29	2.9	1:26	-0.1	2:20	0.2	7:14	5:14	
20	Sat	7:59	4.1	8:11	3.0	2:08	-0.3	2:59	0.0	7:13	5:15	
21	Sun	8:41	4.2	8:53	3.1	2:50	-0.4	3:38	-0.1	7:13	5:16	
22	Mon	9:21	4.2	9:36	3.2	3:31	-0.4	4:18	-0.1	7:12	5:18	
23	Tue	10:02	4.2	10:19	3.3	4:14	-0.4	4:59	-0.1	7:12	5:19	
24	Wed	10:44	4.1	11:04	3.3	4:59	-0.3	5:42	-0.2	7:11	5:20	
25	Thu	11:27	3.9	11:52	3.4	5:49	-0.2	6:27	-0.2	7:10	5:21	
26	Fri			12:14	3.6	6:43	-0.1	7:15	-0.2	7:10	5:22	
27	Sat	12:45	3.5	1:06	3.3	7:42	0.0	8:06	-0.2	7:09	5:23	
28	Sun	1:44	3.6	2:04	3.1	8:45	0.1	9:01	-0.2	7:08	5:24	
29	Mon	2:48	3.7	3:08	2.9	9:51	0.1	9:59	-0.3	7:07	5:25	
30	Tue	3:53	3.9	4:12	2.9	10:59	0.0	11:00	-0.5	7:07	5:26	
31	Wed	4:56	4.1	5:14	2.9			12:05	-0.2	7:06	5:27	