

Upshur Neck, VA - Jul 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:28	4.4	11:00	6.3	4:43	-0.4	4:36	-0.8	5:45	8:28	
2	Wed	11:23	4.5	11:53	6.0	5:35	-0.4	5:32	-0.6	5:46	8:28	
3	Thu			12:17	4.5	6:27	-0.4	6:30	-0.4	5:46	8:27	
4	Fri	12:44	5.5	1:13	4.5	7:19	-0.2	7:30	0.0	5:47	8:27	
5	Sat	1:36	5.0	2:10	4.5	8:09	-0.1	8:33	0.3	5:47	8:27	
6	Sun	2:28	4.5	3:09	4.5	8:59	0.1	9:37	0.5	5:48	8:27	
7	Mon	3:24	4.0	4:10	4.6	9:49	0.2	10:41	0.7	5:48	8:27	
8	Tue	4:22	3.6	5:08	4.7	10:38	0.4	11:46	0.8	5:49	8:26	
9	Wed	5:19	3.4	6:01	4.8	11:27	0.5			5:50	8:26	
10	Thu	6:12	3.3	6:49	4.9	12:47	0.8	12:17	0.5	5:50	8:26	
11	Fri	7:00	3.4	7:34	5.0	1:39	0.7	1:05	0.5	5:51	8:25	
12	Sat	7:45	3.5	8:17	5.1	2:23	0.7	1:51	0.4	5:52	8:25	
13	Sun	8:28	3.6	8:59	5.2	3:01	0.6	2:34	0.3	5:52	8:25	
14	Mon	9:11	3.7	9:40	5.3	3:37	0.6	3:15	0.2	5:53	8:24	
15	Tue	9:52	3.8	10:20	5.3	4:13	0.5	3:55	0.2	5:54	8:24	
16	Wed	10:34	3.9	10:58	5.3	4:48	0.5	4:35	0.3	5:54	8:23	
17	Thu	11:15	4.1	11:36	5.1	5:24	0.5	5:16	0.4	5:55	8:23	
18	Fri	11:55	4.2			6:01	0.5	5:59	0.5	5:56	8:22	
19	Sat	12:14	5.0	12:36	4.3	6:39	0.5	6:46	0.7	5:56	8:21	
20	Sun	12:52	4.7	1:20	4.4	7:18	0.6	7:37	0.8	5:57	8:21	
21	Mon	1:34	4.4	2:08	4.6	8:00	0.5	8:33	0.9	5:58	8:20	
22	Tue	2:22	4.2	3:03	4.8	8:46	0.5	9:33	0.9	5:59	8:19	
23	Wed	3:17	3.9	4:02	5.1	9:37	0.4	10:36	0.8	6:00	8:19	
24	Thu	4:19	3.8	5:05	5.4	10:33	0.3	11:42	0.7	6:00	8:18	
25	Fri	5:22	3.8	6:06	5.7	11:33	0.1			6:01	8:17	
26	Sat	6:24	3.9	7:06	6.0	12:46	0.4	12:35	-0.1	6:02	8:16	
27	Sun	7:23	4.1	8:03	6.3	1:47	0.2	1:35	-0.4	6:03	8:16	
28	Mon	8:20	4.3	8:58	6.4	2:42	-0.1	2:33	-0.7	6:04	8:15	
29	Tue	9:16	4.6	9:51	6.3	3:34	-0.3	3:28	-0.8	6:04	8:14	
30	Wed	10:10	4.8	10:42	6.1	4:23	-0.4	4:22	-0.8	6:05	8:13	
31	Thu	11:03	4.9	11:30	5.8	5:10	-0.5	5:16	-0.6	6:06	8:12	