

Upshur Neck, VA - Aug 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:54	5.0			5:57	-0.4	6:11	-0.3	6:07	8:11	
2	Sat	12:17	5.3	12:45	5.0	6:43	-0.2	7:08	0.0	6:08	8:10	
3	Sun	1:05	4.8	1:37	4.9	7:30	0.0	8:07	0.4	6:09	8:09	
4	Mon	1:53	4.2	2:31	4.8	8:18	0.2	9:07	0.7	6:09	8:08	
5	Tue	2:45	3.8	3:29	4.7	9:06	0.5	10:10	0.9	6:10	8:07	
6	Wed	3:42	3.4	4:30	4.6	9:57	0.7	11:15	1.1	6:11	8:06	
7	Thu	4:43	3.3	5:30	4.6	10:51	0.8			6:12	8:05	
8	Fri	5:42	3.3	6:24	4.8	12:19	1.1	11:45 AM	0.8	6:13	8:04	
9	Sat	6:33	3.4	7:12	4.9	1:14	1.1	12:39	0.7	6:14	8:03	
10	Sun	7:20	3.6	7:55	5.1	1:58	1.0	1:27	0.6	6:14	8:02	
11	Mon	8:03	3.8	8:36	5.3	2:34	0.9	2:12	0.4	6:15	8:00	
12	Tue	8:45	4.1	9:15	5.4	3:08	0.7	2:53	0.3	6:16	7:59	
13	Wed	9:26	4.3	9:52	5.4	3:41	0.6	3:33	0.3	6:17	7:58	
14	Thu	10:06	4.5	10:29	5.4	4:15	0.5	4:13	0.3	6:18	7:57	
15	Fri	10:46	4.7	11:06	5.2	4:49	0.4	4:54	0.3	6:19	7:56	
16	Sat	11:25	4.8	11:43	5.0	5:24	0.4	5:37	0.4	6:20	7:54	
17	Sun			12:06	5.0	6:00	0.4	6:23	0.6	6:20	7:53	
18	Mon	12:22	4.7	12:49	5.1	6:39	0.5	7:14	0.7	6:21	7:52	
19	Tue	1:04	4.4	1:37	5.1	7:23	0.5	8:11	0.9	6:22	7:50	
20	Wed	1:52	4.1	2:33	5.2	8:13	0.6	9:13	1.0	6:23	7:49	
21	Thu	2:50	3.9	3:37	5.3	9:09	0.6	10:18	1.0	6:24	7:48	
22	Fri	3:56	3.7	4:46	5.5	10:11	0.5	11:26	0.9	6:25	7:46	
23	Sat	5:05	3.8	5:52	5.7	11:17	0.3			6:25	7:45	
24	Sun	6:11	4.0	6:53	5.9	12:32	0.6	12:22	0.0	6:26	7:44	
25	Mon	7:11	4.3	7:49	6.1	1:31	0.3	1:24	-0.3	6:27	7:42	
26	Tue	8:07	4.7	8:41	6.2	2:24	0.0	2:22	-0.5	6:28	7:41	
27	Wed	9:00	5.0	9:31	6.1	3:12	-0.2	3:16	-0.6	6:29	7:39	
28	Thu	9:50	5.3	10:18	5.8	3:56	-0.4	4:08	-0.6	6:30	7:38	
29	Fri	10:39	5.5	11:03	5.5	4:39	-0.4	4:59	-0.4	6:31	7:37	
30	Sat	11:27	5.5	11:47	5.0	5:22	-0.3	5:50	-0.1	6:31	7:35	
31	Sun			12:13	5.4	6:04	0.0	6:42	0.2	6:32	7:34	